Bachelor of Nutrition and Dietetics (Honours)

Dietitians use their advanced knowledge in the science of nutrition to advise on appropriate diet, food preparation and menu planning to treat nutrition-related disease. Accredited practising dietitians often work alongside health professionals in hospitals and community settings delivering individual dietary counselling, medical nutrition therapy and group dietary therapy.

Their work contributes to the promotion of health, the prevention and treatment of disease such as diabetes and cancer, and optimal health maintenance.

The honours component of this course offers you a competitive advantage in the workplace. You will be a critical thinker with a strong foundation in research, and have advanced skills to become a leader in a profession where responsibilities and capabilities are expanding.

Why choose this course?
QUT has offered an industry accredited program for more than 40 years and is recognised for delivering job ready graduates who are in demand and securing competitive graduate employment positions.

You will be taught by industry leaders with experience in areas including sports dietetics and Indigenous health. They hold senior positions on industry boards and councils, and many also lead projects and government initiatives to improve population health and nutrition. These close links with industry ensure your study is relevant and you will be prepared to meet the demands of the profession in a changing healthcare environment.

Real-world learning
Gain hands-on experience providing nutrition assessments and dietary advice to real clients in QUT Health Clinics. Under the supervision of accredited dietitians, you will provide advice for the management of chronic disease, before and after surgery, eating disorders, food intolerance and allergies.

You will also complete professional placements in settings including community health centres, hospitals, correctional facilities and catering institutions. There are opportunities to travel, with the option to gain professional experience in rural and regional Australia, and overseas.

Amanda Cole
Find the career for you

‘The staff at QUT had industry experience that represented the diversity of roles in the profession. Seeing the effects of nutrition-related chronic disease while on professional placement confirmed for me that I wanted to work in the preventative health space. I now work as a Nutrition Project Manager for the largest Aboriginal Community Controlled Health Organisation in Queensland.’
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Assumed knowledge
Before you start this course we assume you have sound knowledge in these areas

- Chemistry
- English
- Maths B

We assume that you have knowledge equivalent to four semesters at high school level (Years 11 and 12) with sound achievement (4, SA).

Careers and outcomes
Graduates have a range of career pathways. They often provide nutrition therapy to clients in the management of disease and illness in hospitals, private practice, community health centres and nursing homes. They may also consult to the food industry on product development and marketing, prepare educational resources for industry, schools and community, or develop food and nutrition policies for government and non-government organisations.

Professional recognition
This course is accredited by the Dietitians Association of Australia and graduates are eligible to apply for the Accredited Practising Dietitian credential. APD status is a requirement for medical benefit rebates.

Graduates can apply for membership of the Dietitians Association of Australia, the Public Health Association of Australia, Sports Medicine Australia, the Nutrition Society and other bodies.

Course requirements
There are extra costs and requirements for this course including a blue card and vaccinations.

Fees
HECS-HELP
You may be eligible for HECS-HELP, a loan scheme to help you pay your course fees, if you are an Australian citizen or hold an Australian permanent humanitarian visa. For other conditions read the HECS-HELP information.

Student Services and Amenities Fee
You'll need to pay the student services and amenities fee as part of your course costs. You may be eligible for SA-HELP, a loan scheme to help you pay your student services and amenities fee, if you are an Australian citizen or hold an Australian permanent humanitarian visa. For other conditions read the SA-HELP information.

This information has been prepared for Australian and New Zealand citizens and those with Australian permanent resident status. Some courses are not open to international students, and entry requirements and fee information may be different. For more information and to check if a course is available, international students should visit www.qut.edu.au/international. Last updated on: 05/11/2019. Information contained in this document was correct at the time of printing. The university reserves the right to amend any information, and to cancel, change or relocate any course. CRICOS No.00213J