Bachelor of Nutrition Science

Nutritionists focus on issues that affect the whole population. They are employed in a number of industries to analyse food supply, government policy and eating behaviours, and to develop new ways to promote healthy lifestyle choices and prevent diet-related disease within communities. Nutritionists can apply their expert knowledge to a number of nutrition services but are not qualified to provide medical nutrition therapy to individuals or groups in hospitals or other clinical environments.

Why choose this course?
This course is flexible, allowing you to explore career opportunities and develop a unique skill set by choosing electives in complementary areas such as business, digital media, sport and exercise, or biosciences.

You will be taught by staff with extensive industry experience in areas that include sports nutrition, health promotion, childhood obesity, Indigenous health and research. Their experience, combined with case studies offered by guest lecturers, will give you the knowledge to meet the needs and expectations of your clients. Close links with industry ensure our curriculum is relevant and our graduates can meet the demands of the changing healthcare environment.

Real-world learning
During this course, professional placements offer more than just an experience in nutrition. You can contribute to a real project or initiative that is making immediate changes to improve health outcomes. It is an excellent opportunity to work alongside other professionals. You can also travel and engage with communities in rural and remote Australia, and overseas.

Assumed knowledge
Before you start this course we assume you have sound knowledge in these areas
- Chemistry
- English
- Maths B

We assume that you have knowledge equivalent to four semesters at high school level (Years 11 and 12) with sound achievement (4, SA).

Anna Gibbs
Real opportunities

‘A real highlight for me was taking a minor in journalism. It allowed me to expand my horizons and learn about a totally different field. It also helped me secure an internship with the ABC’s national investigative reporting team. I also volunteered with the Australian Red Cross as a student nutritionist and am now pursuing a career in nutrition with the Red Cross based in New York.’
Bachelor of Nutrition Science

Careers and outcomes
Graduates often work as professionals in government, educational facilities, the food industry, health agencies, corporate environments and community groups. They are skilled to work in roles that include health promotion, Indigenous health, marketing, journalism, plus many more.

This course can also lead to further study or research in nutrition and related areas including dietetics, environmental health and public health.

Double degrees
Combine professional communication and nutrition studies to promote healthy lifestyle choices and prevent diet-related disease through mass communication. For more information visit the Bachelor of Professional Communication/Bachelor of Nutrition Science course page.

Professional recognition
Graduates are eligible to apply for membership of the Public Health Association of Australia and the Nutrition Society.

Fees
HECS-HELP
You may be eligible for HECS-HELP, a loan scheme to help you pay your course fees, if you are an Australian citizen or hold an Australian permanent humanitarian visa. For other conditions read the HECS-HELP information.

Student Services and Amenities Fee
You'll need to pay the student services and amenities fee as part of your course costs. You may be eligible for SA-HELP, a loan scheme to help you pay your student services and amenities fee, if you are an Australian citizen or hold an Australian permanent humanitarian visa. For other conditions read the SA-HELP information.

Additional Costs
There are requirements that you will need to meet as a student in this course. Some of these requirements have associated costs. Information is available from the Additional course requirements and costs website.

Course requirements
There are requirements that you will need to meet as a student in this course. You will need to identify these requirements and ensure you allow sufficient time to meet them. Some of these requirements have associated costs.

Blue card: You must undergo a criminal history check for working with children and be issued with a suitability card (blue card) before commencing clinical placement/practicum in an organisation where they may work with children or young people.

The processing of your application may take several months so you must submit your blue card application to HiQ as early as possible to ensure you have your card before you begin any unit that requires contact with children. There is no charge for student blue cards. Students who already have a blue card must register it with QUT.

Information is available from the Additional course requirements and costs website.

This information has been prepared for Australian and New Zealand citizens and those with Australian permanent resident status. Some courses are not open to international students, and entry requirements and fee information may be different. For more information and to check if a course is available, international students should visit www.qut.edu.au/international. Last updated on: 15/05/2020. Information contained in this document was correct at the time of printing. The university reserves the right to amend any information, and to cancel, change or relocate any course. CRICOS No.00213J