Master of Counselling (PY12)

Year offered: 2011
Admissions: Yes
Course duration (part-time): 6 semesters
Domestic Fees (indicative): 2011: Full fee tuition $3,700 (indicative) per semester (part-time)
Domestic Entry: February
Total credit points: 144
Course coordinator: Enquiries to psyc.enquiries@qut.edu.au or phone 07 3138 4520
Campus: Kelvin Grove

International Student Entry
This course is not available to international students.

Limits on grades of 3
A new policy concerning grades of 3 came into effect from 1 January 2009 (QUT MOPP C/5.2). With effect from this date grades of 3 are no longer considered a conceded or low pass but are classified as a fail grade. Any grades of 3 awarded prior to 1 January 2009 retain the conceded pass status and will be counted for graduation purposes up to the maximum number of grades of 3 permitted for your course. Grades of 3 incurred in units that commence after 1 January 2009 will not count towards your degree. Further information is available on the Student Services website.

Further Information
For more information about this course, please contact the School of Psychology and Counselling on +617 3138 4520 or email psyc.enquiries@qut.edu.au

Course structure

Year 1, Semester 1
- PYN000 Counselling Studies 1
- PYN001 Professional Studies 1

Year 1, Semester 2
- PYN002 Counselling Studies 2
- PYN003 Group Studies

Year 2, Semester 1
- PYN004 Counselling Studies 3
- PYN006 Professional Studies 2

Year 2, Semester 2
- PYN013 Advanced Counselling Studies
- PYN014 Research for Counselling Practice

Year 3, Semester 1
- PYN007 Professional Studies 3
- PYN008-1 Project (Part 1)

Year 3, Semester 2
- PYN008-2 Project (Part 2)
- PYN008-3 Project (Part 3)

Potential Careers:
Counsellor, Guidance Officer, Public Servant, School Counsellor, Youth Worker.

UNIT SYNOPSISES

PYN000 COUNSELLING STUDIES 1
This unit provides the student with an initial overview of the field of counselling, before focusing on the theory and practice of one contemporary perspective called 'Constructive' or 'Time-Effective' Therapy. It is an approach based largely in social constructionist principles and promotes a view of counselling as a unique conversational process which attempts to validate the client's experience, while pursuing possibilities for desired change. It also suggests a time-effective perspective, emphasising the possibility of working briefly and effectively with clients. Selected ideas and practices from several related approaches including solution focused therapy, possibility therapy and narrative therapy will be integrated.

Credit points: 12    Contact hours: 3 per week    Campus: Kelvin Grove    Teaching period: 2011 SEM-1

PYN001 PROFESSIONAL STUDIES 1
This is an introduction to the professional study of counselling and the 'common factors' present in most counselling approaches. These factors, which include the working relationship, the focus on client resources, and the instillation of hope, contribute greatly to the counselling outcome. In order to respond appropriately and therapeutically to the needs of their clients, counsellors must have a clear understanding of the social and interactive processes that occur in counselling. Verbal, nonverbal, social, emotional, gender, psychological and cultural dimensions are all present in the counselling process. Consideration of these dimensions enables counsellors to develop effective, functional and client-focussed relationships.

Credit points: 12    Contact hours: 3 per week    Campus: Kelvin Grove    Teaching period: 2011 SEM-1
**PYN002 COUNSELLING STUDIES 2**
The historical development of psychoanalysis and analytic therapy is examined as well as the utilisation of concepts derived from these approaches and from Process/Experiential work. Understanding the differences between neurotic and psychotic behaviour, and of the need for appropriate referral, is highlighted.

**Prerequisites:** PYN000  
**Credit points:** 12  
**Contact hours:** 3 per week  
**Campus:** Kelvin Grove  
**Teaching period:** 2011 SEM-2

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**PYN003 GROUP STUDIES**
This unit provides the development of skills and approaches in organising and facilitating group work, in the context of personal support and therapeutic groups. It addresses the following: establishing group norms; facilitating stages of group development; responding to member behaviour and developing facilitator interventions; planning, implementing and evaluating ethical group work practices; dealing with defensiveness and hidden agendas; applying brief solutions-focused and reflecting team processes to groups; examining the motion of the therapeutic milieu.

**Prerequisites:** PYN001  
**Credit points:** 12  
**Contact hours:** 3 per week  
**Campus:** Kelvin Grove  
**Teaching period:** 2011 SEM-2

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**PYN004 COUNSELLING STUDIES 3**
This unit is designed to provide both an experiential and skills-based approach to specific approaches. The unit is taught in two complementary strands. One strand is largely experiential which focuses on students' exploration of their own family of origin and family dynamics. The second strand extends the process into specific theoretical perspectives and skill development. The approaches build on some of the major orientations and skill areas covered in previous units: constructive therapies (ie solution-focused therapy and narrative therapy), psychodynamic approaches, and reflecting team work.

**Prerequisites:** PYN002  
**Credit points:** 12  
**Contact hours:** 3 per week  
**Campus:** Kelvin Grove  
**Teaching period:** 2011 SEM-1

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**PYN005 PROFESSIONAL STUDIES 2**
Clinical supervision involves the development of a working alliance between a counsellor and another skilled professional in order to examine and reflect on the counsellor's work. The role of the supervisor ranges from an educative, advisory one through to a supportive, collaborative and consultative approach depending on the counsellor's level of professional development and competence. Supervision can occur individually or in groups and can take place 'in vivo' (during actual counselling) or delayed (using self reporting or taped material).

**Prerequisites:** PYN006  
**Credit points:** 12  
**Campus:** Kelvin Grove  
**Teaching period:** 2011 SEM-2

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**PYN006 PROFESSIONAL STUDIES 3**
Clinical supervision involves the development of a working alliance between a counsellor and another skilled professional in order to examine and reflect on the counsellor's work. The role of the supervisor ranges from an educative, advisory one through to a supportive, collaborative and consultative approach depending on the counsellor's level of professional development and competence. Supervision can occur individually or in groups and can take place 'in vivo' (during actual counselling) or delayed (using self reporting or taped material).

**Prerequisites:** PYN006  
**Credit points:** 12  
**Campus:** Kelvin Grove  
**Teaching period:** 2011 SEM-2

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**PYN007 PROFESSIONAL STUDIES 3**
Clinical supervision involves the development of a working alliance between a counsellor and another skilled professional in order to examine and reflect on the counsellor's work. The role of the supervisor ranges from an educative, advisory one through to a supportive, collaborative and consultative approach depending on the counsellor's level of professional development and competence. Supervision can occur individually or in groups and can take place 'in vivo' (during actual counselling) or delayed (using self reporting or taped material).

**Prerequisites:** PYN006  
**Credit points:** 12  
**Campus:** Kelvin Grove  
**Teaching period:** 2011 SEM-2

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**PYN008 PROJECT (PART 1)**
Students undertake an individual project of theoretical and/or empirical research in a selected area of counselling. The project is supervised by a member of the teaching staff and progressive work is presented to other students. The completed project is to be presented in the form of a dissertation of not more than 15,000 words. Opportunity may be provided to work in the Family Therapy and Counselling Clinic as a way of achieving project requirements.

**Prerequisites:** PYN014  
**Credit points:** 12  
**Contact hours:** 3 per week equivalent  
**Campus:** Kelvin Grove  
**Teaching period:** 2011 SEM-1 and 2011 SEM-2

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**PYN008 PROJECT (PART 2)**
Students undertake an individual project of theoretical and/or empirical research in a selected area of counselling. The project is supervised by a member of the teaching staff and progressive work is presented to other students. The completed project is to be presented in the form of a dissertation of not more than 15,000 words. Opportunity may be provided to work in the Family Therapy and Counselling Clinic as a way of achieving project requirements.

**Prerequisites:** PYN014  
**Credit points:** 12  
**Contact hours:** 3 per week equivalent  
**Campus:** Kelvin Grove  
**Teaching period:** 2011 SEM-1 and 2011 SEM-2

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**PYN008 PROJECT (PART 3)**
Students undertake an individual project of theoretical and/or empirical research in a selected area of counselling. The project is supervised by a member of the teaching staff and progressive work is presented to other students. The completed project is to be presented in the form of a dissertation of not more than 15,000 words. Opportunity may be provided to work in the Family Therapy and Counselling Clinic as a way of achieving project requirements.

**Prerequisites:** PYN014  
**Credit points:** 12  
**Contact hours:** 3 per week equivalent  
**Campus:** Kelvin Grove
Teaching period: 2011 SEM-1, 2011 SEM-2 and 2011 SUM

PYN013 ADVANCED COUNSELLING STUDIES
This elective unit is designed to allow students to build on these skills by pursuing counselling studies in two or more specialised areas. Students select studies in two modules. Areas from which selections can be made might include: experiential therapy, family therapy, narrative therapy, relationship counselling, depression, loss and grief and group work. Students may also complete one or both modules through approved forms of independent study (eg completion of approved workshops, courses or special areas of alternative study).

Prerequisites: PYN004 Credit points: 12 Contact hours: 3 per week Campus: Kelvin Grove Teaching period: 2011 SEM-2

PYN014 RESEARCH FOR COUNSELLING PRACTICE
This unit aims to prepare students for the reflecting team counselling practice in the Family Therapy and Counselling Clinic in the third year project units. The unit also prepares students for applied counselling project work in professional practice settings.

Prerequisites: PYN002 Credit points: 12 Contact hours: 3 per week Campus: Kelvin Grove Teaching period: 2011 SEM-2