Master of Counselling (PY12)

Year offered: 2010
Admissions: Yes
Course duration (part-time): 6 semesters
Domestic fees (indicative): 2010: Full fee tuition $3,625 (indicative) per semester (part-time)
Domestic Entry: February
Total credit points: 144
Course coordinator: Dr Roger Lowe
Campus: Kelvin Grove

Overview
The Master of Counselling offers preparation for a specialised position in counselling for practitioners from a variety of backgrounds. It has an applied, experiential component including Clinical practice which meets the training requirements for (PACFA) registration. It also provides knowledge, understanding and skills that will contribute to the development and practice of counselling in the professional environment.

Entry requirements
An approved degree in a human service or related area, at least 2 years of work experience, access to ongoing counselling work and personal suitability. Candidates with other qualifications/appropriate work experience may be admitted subject to approval by the Head of School of Psychology and Counselling.

In addition to submission of an admission form (PG Form for domestic applicants, F Form for international applicants), applicants are required to submit a PY12 Questionnaire. All forms are available at the following website: http://www.studentservices.qut.edu.au/pdfs/forms/pg_forms/PY12question.pdf

International Student Entry
This course is not available to international students.

Further Information
For more information about this course, please contact the School of Psychology and Counselling on +617 3138 4810 or email psyc.enquiries@qut.edu.au

Course structure

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Health Unit prerequisites/corequisites
For information on prereqs & coreqs visit: www.hlth.qut.edu.au/study/forcurren students/

Potential Careers:
Counsellor, Guidance Officer, Public Servant, School Counsellor, Youth Worker.

UNIT SYNOPSES

PYN000 COUNSELLING STUDIES 1
This unit provides the student with an initial overview of the field of counselling, before focusing on the theory and practice of one contemporary perspective called 'Constructive' or 'Time-Effective' Therapy. It is an approach based largely in social constructionist principles and promotes a view of counselling as a unique conversational process which attempts to validate the client’s experience, while pursuing possibilities for desired change. It also suggests a time-effective perspective, emphasising the possibility of working briefly and effectively with clients. Selected ideas and practices from several related approaches including solution focused therapy, possibility therapy and narrative therapy will be integrated.

Credit points: 12  Contact hours: 3 per week  Campus: Kelvin Grove  Teaching period: 2010 SEM-1

PYN001 PROFESSIONAL STUDIES 1
This is an introduction to the professional study of counselling and the 'common factors' present in most counselling approaches. These factors, which include the working relationship, the focus on client resources, and the instillation of hope, contribute greatly to the counselling outcome. In order to respond appropriately and therapeutically to the needs of their clients, counsellors must have a clear understanding of the social and interactive processes that occur in counselling. Verbal, nonverbal, social, emotional, gender, psychological and cultural dimensions are all present in the counselling process. Consideration of these dimensions enables counsellors to develop effective, functional and client-focused relationships.

**Credit points:** 12  
**Contact hours:** 3 per week  
**Campus:** Kelvin Grove  
**Teaching period:** 2010 SEM-1

### PYN002 COUNSELLING STUDIES 2

The historical development of psychoanalysis and analytic therapy is examined as well as the utilisation of concepts derived from these approaches and from Process/Experiential work. Understanding the differences between neurotic and psychotic behaviour, and of the need for appropriate referral, is highlighted.

**Prerequisites:** PYN000  
**Credit points:** 12  
**Contact hours:** 3 per week  
**Campus:** Kelvin Grove  
**Teaching period:** 2010 SEM-2

### PYN003 GROUP STUDIES

This unit provides the development of skills and approaches in organising and facilitating group work, in the context of personal support and therapeutic groups. It addresses the following: establishing group norms; facilitating stages of group development; responding to member behaviour and developing facilitator interventions; planning, implementing and evaluating ethical group work practices; dealing with defensiveness and hidden agendas; applying brief solutions-focused and reflecting team processes to groups; examining the motion of the therapeutic milieu.

**Prerequisites:** PYN001  
**Credit points:** 12  
**Contact hours:** 3 per week  
**Campus:** Kelvin Grove  
**Teaching period:** 2010 SEM-2

### PYN004 COUNSELLING STUDIES 3

This unit is designed to provide both an experiential and skills-based approach to specific approaches. The unit is taught in two complementary strands. One strand is largely experiential which focuses on students' exploration of their own family of origin and family dynamics. The second strand extends the process into specific theoretical perspectives and skill development. The approaches build on some of the major orientations and skill areas covered in previous units: constructive therapies (ie solution-focused therapy and narrative therapy), psychodynamic approaches, and reflecting team work.

**Prerequisites:** PYN002  
**Credit points:** 12  
**Contact hours:** 3 per week  
**Campus:** Kelvin Grove  
**Teaching period:** 2010 SEM-1

### PYN006 PROFESSIONAL STUDIES 2

This unit provides an experiential introduction to the process of professional supervision. Supervision processes, roles, responsibilities, content, approaches and theories are reviewed. Each student will have the experience of being supervised using one of five major counselling supervision approaches: solution-oriented, narrative, process-experiential, analytic and group-developmental. Professional issues commonly addressed in supervision such as power, gender, culture, consent, duty of care etc. are reviewed.

**Prerequisites:** PYN001  
**Credit points:** 12  
**Campus:** Kelvin Grove  
**Teaching period:** 2010 SEM-1

### PYN007 PROFESSIONAL STUDIES 3

Clinical supervision involves the development of a working alliance between a counsellor and another skilled professional in order to examine and reflect on the counsellor's work. The role of the supervisor ranges from an educative, advisory one through to a supportive, collaborative and consultative approach depending on the counsellor's level of professional development and competence. Supervision can occur individually or in groups and can take place 'in vivo' (during actual counselling) or delayed (using self reporting or taped material).

**Prerequisites:** PYN006  
**Credit points:** 12  
**Campus:** Kelvin Grove  
**Teaching period:** 2010 SEM-1

### PYN008 PROJECT (PART 1)

Students undertake an individual project of theoretical and/or empirical research in a selected area of counselling. The project is supervised by a member of the teaching staff and progressive work is presented to other students. The completed project is to be presented in the form of a dissertation of not more than 15,000 words. Opportunity may be provided to work in the Family Therapy and Counselling Clinic as a way of achieving project requirements.

**Prerequisites:** PYN014  
**Credit points:** 12  
**Contact hours:** 3 per week equivalent  
**Campus:** Kelvin Grove  
**Teaching period:** 2010 SEM-1 and 2010 SEM-2

### PYN008 PROJECT (PART 2)

Students undertake an individual project of theoretical and/or empirical research in a selected area of counselling. The project is supervised by a member of the teaching staff and progressive work is presented to other students. The completed project is to be presented in the form of a dissertation of not more than 15,000 words. Opportunity may be provided to work in the Family Therapy and Counselling Clinic as a way of achieving project...
requirements.

**Prerequisites:** PYN014  
**Credit points:** 12  
**Contact hours:** 3 per week equivalent  
**Campus:** Kelvin Grove  
**Teaching period:** 2010 SEM-1 and 2010 SEM-2

**PYN008 PROJECT (PART 3)**

Students undertake an individual project of theoretical and/or empirical research in a selected area of counselling. The project is supervised by a member of the teaching staff and progressive work is presented to other students. The completed project is to be presented in the form of a dissertation of not more than 15,000 words. Opportunity may be provided to work in the Family Therapy and Counselling Clinic as a way of achieving project requirements.

**Prerequisites:** PYN014  
**Credit points:** 12  
**Contact hours:** 3 per week equivalent  
**Campus:** Kelvin Grove  
**Teaching period:** 2010 SEM-1, 2010 SEM-2 and 2010 SUM

**PYN013 ADVANCED COUNSELLING STUDIES**

This elective unit is designed to allow students to build on these skills by pursuing counselling studies in two or more specialised areas. Students select studies in two modules. Areas from which selections can be made might include: experiential therapy, family therapy, narrative therapy, relationship counselling, depression, loss and grief and group work. Students may also complete one or both modules through approved forms of independent study (e.g., completion of approved workshops, courses or special areas of alternative study).

**Prerequisites:** PYN004  
**Credit points:** 12  
**Contact hours:** 3 per week  
**Campus:** Kelvin Grove  
**Teaching period:** 2010 SEM-2

**PYN014 RESEARCH FOR COUNSELLING PRACTICE**

This unit aims to prepare students for the reflecting team counselling practice in the Family Therapy and Counselling Clinic in the third year project units. The unit also prepares students for applied counselling project work in professional practice settings.

**Prerequisites:** PYN002  
**Credit points:** 12  
**Contact hours:** 3 per week  
**Campus:** Kelvin Grove  
**Teaching period:** 2010 SEM-2