Bachelor of Health Science (Public Health) (PU40)

**Year offered:** 2010  
**Admissions:** Yes  
**CRICOS code:** 022142D  
**Course duration (full-time):** 3 Years  
**Domestic fees (indicative):** 2010: CSP $3,180 (indicative) per semester  
**International Fees (indicative):** 2010: $10,750 (indicative) per semester  
**Domestic Entry:** February  
**International Entry:** February  
**QTAC code:** 425372  
**Past rank cut-off:** 74  
**Past OP cut-off:** 13  
**OP Guarantee:** Yes 

**Assumed knowledge:** English (4, SA)  
**Preparatory studies:** For information on acquiring assumed knowledge visit [http://www.studentservices.qut.edu.au/apply/ug/info/knowledge.jsp](http://www.studentservices.qut.edu.au/apply/ug/info/knowledge.jsp)  
**Total credit points:** 288  
**Standard credit points per full-time semester:** 48

**Course coordinator:** Mrs Melinda Service (all enrolment queries to email: sph.studentcentre@qut.com or phone: 07 3138 3368)  
**Discipline coordinator:** Dr Cameron Hurst  
**Campus:** Kelvin Grove

**Career Outcomes**

Public health professionals are an essential part of any health-related organisation. Their primary aim is to promote the general health and wellness of a community or population through their work in the health care sector. Public health practitioners work as community health officers, policy officers, program evaluators, public health promoters and educators, project officers and consultants. This course gives graduates an understanding of public health, primary health care, community health and health promotion. Students can elect to take minor studies in the areas of Alcohol and Drug Studies, Community Nutrition, general studies in Psychology, Health Education, Indigenous Health, and Women’s Health.

Public health practitioners work in both public and private sectors including state and federal health departments, population health units, community health centres, divisions of general practice, non-governmental health organisations, and international health agencies.

**Professional Recognition**

Graduates are eligible for membership of the Public Health Association of Australia and the Australian Health Promotion Association.

**Deferment**

All domestic applicants offered admission to undergraduate award courses may apply to defer commencement of their study. A deferment application will not normally be considered for courses where specific admission requirements apply, for example submission of folios or undertaking auditions. Applicants are not entitled to hold a deferred place and hold a place in another QUT course for the same period.

Find out more on deferment.

**Further Information**

For information about this course, please call the Public Health and Optometry Student Centre on +61 7 3138 3368 or email sph.studentcentre@qut.edu.au

**Full-Time Course Structure - Students who commenced in 2009 onwards**

**Year 1, Semester 1**
- LSB111 Understanding Disease Concepts
- PUB104 Australian Health Care Systems
- PUB251 Contemporary Public Health
- PUB332 Sustainable Environments For Health

**Year 2, Semester 1**
- PUB201 Food and Nutrition
- PUB461 Qualitative Inquiry in Public Health  
  Elective

**Year 3, Semester 1**
### Year 3, Semester 2
- PUB406 Health Promotion Practice
- PUB461 Qualitative Inquiry in Public Health
- PUB875 Professional Practice
- Elective

#### Public Health Major Elective Lists

**Minor Elective Information for the Public Health Major**

The course structure consists of:

a) a major in Public Health PLUS the opportunity to select from one of the following:
   
   Please note:
   
   b) one minor or four electives selected from the minor elective lists below. You must ensure that you satisfy all prerequisites and that only one of the four electives is at an introductory level.
   
   c) a minor will not appear on an academic transcript

* To select a minor or elective from outside the recommended list below, you must seek approval from the Academic Affairs Officer.

**Choice of minor units and electives is subject to availability.**

#### Community Nutrition
- PUB201 Food and Nutrition
- PUB509 Community and Public Health Nutrition
- PUB648 Diet, Nutrition and Chronic Disease

#### Indigenous Health
- EDB038 Indigenous Australian Culture Studies
- EDB039 Indigenous Politics and Political Culture
- JSB371 Indigenous Justice

#### Gender Issues
- PUB336 Women's Health
- PUB632 Independent Study
- PYB054 Psychology and Gender

#### Science

Completion of the Science minor is a prerequisite for entry into the Graduate Diploma in Environmental Health (PU67). Seek advice regarding elective option email the School of Public Health Student Centre: sph.studentcentre@qut.edu.au

#### General Studies in Psychology

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<th>Year 3, Semester 1</th>
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<tr>
<td>PUB514 Contract/Project Management</td>
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<td>PUB545 Health Policy, Planning and Advocacy</td>
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<td>PUB561 Statistical Methods in Health</td>
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<td>PUB565 International Health</td>
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<td>PUB104 Australian Health Care Systems</td>
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<td>PUB251 Contemporary Public Health</td>
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<td>LSB111 Understanding Disease Concepts</td>
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<td>BSB115 Management</td>
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<td>PUB208 Understanding Health Information</td>
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<td>PUB209 Health, Culture and Society</td>
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<td>PUB486 Ethics and the Law in Health Service Delivery</td>
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<td>PUB201 Food and Nutrition</td>
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PYB012 is a prerequisite for this minor
PYB054  Psychology and Gender
PYB203  Developmental Psychology
PYB307  Health Psychology

Counselling
PYB012 is a prerequisite for this minor
PYB208  Counselling Theory and Practice 1
PYB356  Counselling Theory and Practice 2
PYB359  Introduction to Family Therapy
PYB360  Interventions for Addictive Behaviours

General Electives
PUB105  Family Influences on Health and Development
PUB480  Health Administration Finance
PUB490  Quality Management in Health
PUB632  Independent Study
PUB611  Risk Management
PUB644  Health Promoting Schools

Health Unit prerequisites/corequisites
For information on prereqs & coreqs visit: www.hlth.qut.edu.au/study/forcurrentstudents/

Potential Careers:
Administrator, Community Health Officer, Community Worker, Government Officer, Home Economist, Information Officer, Manager, Policy Officer, Project Manager, Public Health Officer.

UNIT SYNOPSES

BSB115 MANAGEMENT
The unit provides an introduction to the theories and practice of management and organisations. Emphasis is on the conceptual and people skills that are needed in all areas of management and in all areas of organisational life. The unit acknowledges that organisations exist in an increasingly international environment where the emphasis will be on knowledge, the ability to learn, to change and to innovate. Organisations are viewed from individual, group, corporate and external environmental perspectives.
Antirequisites: BSB115  Equivalents: CTB115  Credit points: 12  Contact hours: 3 per week  Campus: Gardens Point and Caboolture  Teaching period: 2010 SEM-1, 2010 SEM-2 and 2010 SUM

EDB038 INDIGENOUS AUSTRALIAN CULTURE STUDIES
This unit encourages an appreciation of the two distinct indigenous cultures of Australia and how external forces to Aboriginal and Torres Strait Islander cultures caused social, economic and political changes. It looks at traditional family life and organisation.
Credit points: 12  Campus: Kelvin Grove  Teaching period: 2010 SEM-1

EDB039 INDIGENOUS POLITICS AND POLITICAL CULTURE
This unit examines issues and influences underlying the world of indigenous politics: political representation; land rights; health; education; community development; criminal justice; culture and heritage. This unit has an Australian focus with New Zealand and North American comparisons.
Credit points: 12  Campus: Kelvin Grove  Teaching period: 2010 SEM-2

JSB371 INDIGENOUS JUSTICE
In the context of increasing public and institutional concern for the recognition of the political, social, cultural and legal rights of Indigenous peoples, it is essential that those who work in the justice system have an understanding of contemporary Indigenous justice issues. All justice professionals require a sound grasp of the unique aspects of Indigenous culture and society which impact upon the interaction of Indigenous people with the justice system. The operation of both the criminal and civil justice systems in Australia has, at times, been characterised by inequity, intolerance and ignorance in the development and implementation of policies directed towards Indigenous people. This unit explores the major areas of interaction between Indigenous Australians and the justice and legal systems and seeks to raise awareness of those factors which inhibit the formulation of sound policy and practice.
Equivalents: JSB352  Credit points: 12  Contact hours: 3  Campus: Gardens Point and External  Teaching period: 2010 SEM-1

LSB111 UNDERSTANDING DISEASE CONCEPTS
This unit introduces the structure and function of the body, reviews the body systems and links those to mechanisms of disease. Systems and topics covered are: integumentary, skeletal, muscular, nervous, endocrine, blood, heart and circulation, lymphatic, immune, respiratory, digestive (including nutrition and metabolism), urinary, reproductive, concepts of growth and development, genetics. Examples of diseases introduced are: heart disease and hypertension, cancers (lung, breast, skin, colon, prostate, testicular, cervical), diabetes, depression, Parkinson’s disease, asthma and chronic obstructive lung diseases.
Credit points: 12  Contact hours: 4 per week  Campus: Gardens Point  Teaching period: 2010 SEM-1
PUB104 AUSTRALIAN HEALTH CARE SYSTEMS
This is an important unit for students entering or planning to enter the health industry as it is designed to give a broad overview of systems of health care in Australia and their methods of operation. This unit introduces the role of health service managers as members of the health care team, the basic principles of health service management in health care facilities and beyond, and the functions of health service managers.

Credit points: 12    Contact hours: 3 per week    Campus: Kelvin Grove and External    Teaching period: 2010 SEM-1

PUB105 FAMILY INFLUENCES ON HEALTH AND DEVELOPMENT
This unit explores the diversity of Australian families to provide an understanding of the social structures that impact on families and the ways in which families influence the health, development and well-being of family members across the life course.

Credit points: 12    Contact hours: 3 per week    Campus: Kelvin Grove    Teaching period: 2010 SEM-1

PUB201 FOOD AND NUTRITION
This unit includes the following: an introduction to the history of food and nutrition in Australia; the food system; the food supply; proteins, carbohydrates, fats, vitamins and minerals; food grouping systems; dietary guidelines; the recommended dietary intakes; nutrition through the life cycle; food and nutrition problems; nutrition as a public health issue; and international nutrition issues.

Credit points: 12    Contact hours: 4 per week    Campus: Kelvin Grove and External    Teaching period: 2010 SEM-2

PUB208 UNDERSTANDING HEALTH INFORMATION
This aims to provide students with an understanding and appreciation of the diversity of health information resources available; the benefits of high-quality and standardised health information for positive health outcomes and the management of health services; and the various technology platforms available (including telecommunications and the internet). Students develop data organisation and management skills relevant to systems within the health industry context.

Credit points: 12    Teaching period: 2010 SEM-2

PUB209 HEALTH, CULTURE AND SOCIETY
This unit is concerned with the social and cultural dimensions of health and illness and how they relate to health status and patterns of behaviour. The unit introduces students to thinking about health from sociological and anthropological perspectives, drawing on relevant concepts and theory to examine selected public health issues. Identifying and addressing social and cultural factors that shape people's health experiences of health, illness and health systems are integral parts of public health practice in terms of reducing health inequalities, delivering appropriate services, and ultimately improving population health outcomes.

Credit points: 12    Contact hours: 3 per week    Campus: Kelvin Grove    Teaching period: 2010 SEM-2

PUB215 PUBLIC HEALTH PRACTICE
Credit points: 12    Teaching period: 2010 SEM-2

PUB251 CONTEMPORARY PUBLIC HEALTH
This unit provides an introduction to the following: the philosophy and approach of public health; the traditional public health process; the multidisciplinary nature of public health; and health policy and its impact on public health. Recent reformulations of traditional public health approaches including health promotion, intersectoral action for health and healthy public policy are examined. The role of public health in Australia and overseas, its main discipline components and some of the constraints faced by public health is also addressed. This unit considers groups with special needs and contemporary issues.

Antirequisites: PUB106    Credit points: 12    Contact hours: 4 per week (KG and Ext Sem 1; KG Sem 2)    Campus: Kelvin Grove and External    Teaching period: 2010 SEM-1 and 2010 SEM-2

PUB326 EPIDEMIOLOGY
Epidemiology is the core scientific method of public health. It is the study of the distribution of health and disease in the population and includes research into causes of disease and the effectiveness of public health programs. Epidemiological methods are used to generate the evidence base for clinicians, health promotion specialists, health educators, occupational and environmental health officers and health service managers.

Antirequisites: HLN710    Assumed knowledge: Successful completion of 96cp is assumed prior knowledge    Credit points: 12    Contact hours: 3 per week (Ext PU40 Pub Hlth students only)    Campus: Kelvin Grove and External    Teaching period: 2010 SEM-1

PUB332 SUSTAINABLE ENVIRONMENTS FOR HEALTH
Antirequisites: PUB107    Credit points: 12    Teaching period: 2010 SEM-1

PUB336 WOMEN'S HEALTH
This unit explores the data and current health issues related to women's health and critically evaluates health related policies, systems and practices in terms of their impact on women's health, internationally and in Australia. The social, economic, cultural and political influences on women's health, and the specific needs of sub-populations of women are examined.

Credit points: 12    Contact hours: 3 per week    Campus:
Kelvin Grove  
**Teaching period:** 2010 SEM-2  

**PUB406 HEALTH PROMOTION PRACTICE**  
This unit ties together the fundamental health promotion knowledge and constructs covered in earlier units in the public health subject area. It builds upon this basis to introduce students to the range of strategies available to a health promotion practitioner. The unit promotes an appreciation of the strengths and weaknesses of different approaches, as well as related administrative factors. Students undertake a small health promotion project in groups of 3-4. This is an essential field of study for those students who wish to work in a health promotion or related field.  
**Prerequisites:** PUB251 or PUB530  
**Credit points:** 12  
**Contact hours:** 3  
**Campus:** Kelvin Grove  
**Teaching period:** 2010 SEM-2

**PUB416 ADVANCED RESEARCH METHODS**  
An understanding of research methods is essential in the training of all public health professionals. This unit explores quantitative methods in a variety of health research projects, examining conceptualisation of research questions and hypotheses, core elements of experimental and quasi-experimental designs, and various approaches to the collection, management and analysis of quantitative data. The unit has a practical focus for students who are considering conducting research as well as those interested in deeper appreciation of implementation behind published research results.  
**Credit points:** 12  
**Contact hours:** 3  
**Campus:** Kelvin Grove and External  
**Teaching period:** 2010 SEM-1

**PUB436 EVIDENCE BASED PRACTICE**  
**Credit points:** 12  
**Teaching period:** 2010 SEM-2

**PUB461 QUALITATIVE INQUIRY IN PUBLIC HEALTH**  
Qualitative methods are essential to generate knowledge of people’s lived experiences, the meanings they ascribe to them, and to the social dimension of health. The nature and complexities of many public health problems require a mix of research methods and the contributions of qualitative inquiry are increasingly recognised. The practical skills acquired in this unit can be applied to a wide range of public health works, including community based program evaluation, international health and health social science research.  
**Credit points:** 12  
**Contact hours:** 3  
**Campus:** Kelvin Grove  
**Teaching period:** 2010 SEM-2

**PUB480 HEALTH ADMINISTRATION FINANCE**  
This unit addresses the following: financial administration and resource/financial distribution within the Commonwealth and State governments; financial management in the health industry; financial analysis; planning and budgeting; working capital management in the health industry; health care financial performance and evaluation; and methodologies for costing health services.  
**Credit points:** 12  
**Contact hours:** 3 per week  
**Campus:** Kelvin Grove and External  
**Teaching period:** 2010 SEM-2

**PUB486 ETHICS AND THE LAW IN HEALTH SERVICE DELIVERY**  
This unit enables students to develop an awareness of the ethical and legal issues associated with the public sector and health care in the pre-hospital care setting. This unit covers topics relating to the code of ethics, the code of conduct and the legislation unique to the emergency health services. Students are required to apply content knowledge using the problem based learning strategy. Topics include introduction to ethics, morality and ethical theory, bioethics, public sector ethics, overview of the Australian legal system, consent to and refusal of health care, duty of care, confidentiality, and record keeping.  
**Prerequisites:** PUB280  
**Credit points:** 12  
**Campus:** Kelvin Grove and External  
**Teaching period:** 2010 SEM-2

**PUB490 QUALITY MANAGEMENT IN HEALTH**  
Quality is integral to all aspects of healthcare delivery. Knowledge and understanding of the concepts of quality management, and the ability to perform quality processes are essential for all health care professionals. This unit provides students with the necessary knowledge and skills to develop a quality management program, perform quality improvement activities, and expand outcomes into process improvements and organisational change. The principles underpinning evidence based medicine and clinical pathways (including variance analysis) are presented, methods of health care performance measurement are explored, and a clinical quality framework model is introduced.  
**Assumed knowledge:** Background knowledge of the health care system is assumed knowledge.  
**Credit points:** 12  
**Contact hours:** 3 per week  
**Campus:** Kelvin Grove  
**Teaching period:** 2010 SEM-2

**PUB509 COMMUNITY AND PUBLIC HEALTH NUTRITION**  
This unit includes the following: the measurement of the nutritional status of a community; nutrition monitoring and surveillance; food and nutrition policy at international, national and state levels; international nutrition issues; nutritional epidemiology; examination of the evidence of nutrition problems within Australia; at risk groups; tools and their validity for measuring nutritional status and nutrition outcome at the population and group level; and dietary intake methodology.  
**Prerequisites:** PUB201  
**Credit points:** 12  
**Contact hours:** 4 per week  
**Campus:** Kelvin Grove  
**Teaching period:** 2010 SEM-1
PUB514 CONTRACT/PROJECT MANAGEMENT
This unit aims to prepare students for participation in contract and project management in the health sector. The unit provides advanced undergraduate students with an opportunity to develop an understanding of health project contract management using both theoretical and practical examination of current state and national contracts and projects.
Credit points: 12  Contact hours: 4 per week  Campus: Kelvin Grove and External  Teaching period: 2010 SEM-1

PUB530 HEALTH EDUCATION AND BEHAVIOUR CHANGE
Antirequisites: PUB329, PUB341  Credit points: 12  Teaching period: 2010 SEM-1

PUB545 HEALTH POLICY, PLANNING AND ADVOCACY
Antirequisites: PUB511  Credit points: 12  Teaching period: 2010 SEM-1

PUB557 HEALTH NEEDS OF INDIGENOUS AUSTRALIANS AND OTHER POPULATIONS
The unit examines the health needs of a range of population groups, particularly the health needs of indigenous Australians. Health is viewed in its social and economic context. The unit allows a recognition and focus on particular health concerns that might not be considered significant in an examination of broad patterns of health. It forces a consideration of how strategies to improve health, including important questions of access and equity. The unit provides an overall picture of health patterns of indigenous Australians and other specific populations.
Prerequisites: PUB251  Credit points: 12  Contact hours: 3 per week  Campus: Kelvin Grove  Teaching period: 2010 SEM-1

PUB561 STATISTICAL METHODS IN HEALTH
The ability to analyse and interpret quantitative data is an important skill for all graduates in public health. This unit builds upon PUB326 Epidemiology and complements analytical methods learned in PUB461 Qualitative Enquiry in Public Health. Through critical review of the literature, and worked examples from a range of topic areas, students become familiar with the process of summarising and describing data, defining and testing hypotheses, univariate methods and tests of bivariate associations, the concept of adjustment and the interpretation and presentation of analytical results.
Prerequisites: PUB326  Antirequisites: PUN105  Credit points: 12  Contact hours: 3 per week  Campus: Kelvin Grove  Teaching period: 2010 SEM-1

PUB565 INTERNATIONAL HEALTH
International health will broaden student's understanding of global health systems and programs, providing an advanced level analysis that explores systems and methods that have been devised to address population health problems in developing and developed countries. Students examine the historic context of the international health movement from the early 1900s to recent changes in global health systems, explore the diversity of services between and within countries, and consider issues of globalisation, economic reform, health equity and ethics. This unit is particularly relevant to students who are interested in international health development work.
Prerequisites: PUB251  Assumed knowledge: At least two years of study in health area, including PUB326 is assumed knowledge.  Credit points: 12  Contact hours: 3 per week  Campus: Kelvin Grove  Teaching period: 2010 SEM-1

PUB611 RISK MANAGEMENT
Note: This unit is available externally only for Second Semester 2010.
This unit provides students with the knowledge and skills for the assessment and quantification of risk in the workplace. It considers the various models available to investigate and analyse accidents and propose strategies to prevent similar incidents in the future. Various hazard identification techniques such as HAZOP, Fault Tree Analysis and FMEA are discussed. The unit provides students with the ability to position occupational health and safety within an organisation’s strategic decision making process.
Credit points: 12  Contact hours: 3 per week  Campus: Kelvin Grove and External  Teaching period: 2010 SEM-2

PUB632 INDEPENDENT STUDY
Independent study allows students to study a topic which is not otherwise available as a formal unit. Students have the opportunity to pursue their studies relatively independently and to develop and practise skills in problem identification, evaluation and critical thinking. The study may be for example a literature review or a placement in a particular setting. The process and outcomes are negotiated in a contract with a supervisor.
Assumed knowledge: Completion of 192 credit points, a GPA >5 and an approved supervisor are assumed knowledge and requirements for enrolment in this unit.
Credit points: 12  Campus: Kelvin Grove and External  Teaching period: 2010 SEM-2

PUB644 HEALTH PROMOTING SCHOOLS
This subject is designed to extend students' understanding of health promotion in a school setting. The learning objectives for this course are designed to reinforce the links between education and health, in relation to the planning, implementation and evaluation of a school based health promotion intervention. It also addresses some of the
management issues that underlie such an approach to the promotion of health and well being in the school community. Case studies or activities offer a range of opportunity for reflection and investigation.

**Credit points:** 12  **Campus:** External  **Teaching period:** 2010 SEM-2

**PUB648 DIET, NUTRITION AND CHRONIC DISEASE**

This unit explores the most common and significant nutrition related chronic diseases of the world and introduces previous and current strategies aiming to prevent or manage these diseases. Psychosocial, cultural, political and economics factors will be discussed. Diseases observed include micronutrient deficiencies, obesity, diabetes, cardiovascular disease, cancer, dental disease and osteoporosis.

**Prerequisites:** PUB201 and PUB405. PUB405 can be enrolled in the same teaching period.  **Credit points:** 12  **Campus:** Kelvin Grove  **Teaching period:** 2010 SEM-2

**PUB875 PROFESSIONAL PRACTICE**

This unit is undertaken by students in the public health, and nutrition and dietetics strands of the BHlthSc. It provides students with the opportunity of working in one or a number of placements in a professional capacity in an area of interest to the student. It provides an opportunity for students to apply the knowledge and skills acquired through their course to a practical problem or workplace situation.

**Prerequisites:** PUB514  **Antirequisites:** PUB645  **Assumed knowledge:** Completion of 240 credit points of study is assumed knowledge.  **Credit points:** 12  **Contact hours:** 4 per week  **Campus:** Kelvin Grove  **Teaching period:** 2010 SEM-2

**PYB012 PSYCHOLOGY**

The body of knowledge which defines Psychology as a discipline is basic to an understanding of human behaviour and interaction. Psychological theories, concepts and methods of investigation provide ways of evaluating personal and professional practice. Informed practice can then seek to meet the needs of individuals, groups and communities. All professional people need to have frameworks for understanding their own behaviour and that of others. This unit provides students with essential knowledge as a basis for their personal and professional effectiveness. It is the foundation for understanding further study in psychology and its many applications.

**Equivalents:** PYB100, PYB101  **Credit points:** 12  **Contact hours:** 3 per week  **Campus:** Gardens Point and Kelvin Grove  **Teaching period:** 2010 SEM-1 and 2010 SEM-2

**PYB054 PSYCHOLOGY AND GENDER**

This unit asks ‘What is gender?’. It includes theories of gender; male and female; masculine and feminine; roles versus power; counselling issues; old and new paradigms; history of psychology of gender; sexuality; mothers and fathers; psychology constructs the female; psychology in patriarchal discourse; family therapy theory and feminist critiques; psychological constructs and the media; film and media; psychology of gender and power.

**Prerequisites:** PYB012, PYB101, PYB102, or PYB100  **Credit points:** 12  **Contact hours:** 3 per week  **Campus:** Kelvin Grove  **Teaching period:** 2010 SEM-1

**PYB203 DEVELOPMENTAL PSYCHOLOGY**

This unit provides an introduction to life span developmental psychology. It unit covers the major theories of life span development and includes biological, social and cognitive aspects of development from birth through to old age. It emphasises the interdependency of all aspects of development and the importance of the physical, family, socio-cultural and historical contexts within which development occurs. The unit aims to develop the student's understanding of general patterns of human development and of the ways in which the development of particular individuals and groups may vary from these general patterns.

**Prerequisites:** PYB012, PYB101, PYB102 or PYB100  **Credit points:** 12  **Contact hours:** 3 per week  **Campus:** Kelvin Grove  **Teaching period:** 2010 SEM-2

**PYB208 COUNSELLING THEORY AND PRACTICE 1**

This unit develops the student’s knowledge of the counselling process and skills and provides practice in changing the ways in which people express, conceptualise and respond to their concerns. It builds upon the communication skills and concepts introduced in PYB007 and introduces a range of counselling approaches. It emphasises skills in solution oriented approaches but also covers a range of models and skills for workers in crisis situations. It provides a basis for further studies in counselling in clinical settings requiring psychotherapeutic intervention, and other modes of delivery such as couple, family or group work.

**Prerequisites:** PYB007 or PYB074 or HHB113 or SWB104 or PYB111 or PUB209  **Credit points:** 12  **Contact hours:** 3 per week  **Campus:** Kelvin Grove  **Teaching period:** 2010 SEM-2

**PYB307 HEALTH PSYCHOLOGY**

This unit examines the psychological dimension of physical illness, health, and health care. There is a strong focus on health psychology in an Australian context with particular emphasis on cross-cultural and indigenous health-related issues. The unit examines definitions of health and health psychology; the role of health psychology; the determinants of health behaviours (e.g., cognitive, attitudinal, motivational, personality, social, developmental); medical settings and patient behaviour; patient and practitioner...
communication; stress, illness, and coping; pain and pain management; chronic and terminal illness in childhood and adulthood.

**Prerequisites:** PYB100, PYB101 or PYB102  
**Assumed knowledge:** Successful completion of all first and second year units is assumed knowledge.  
**Credit points:** 12  
**Campus:** Kelvin Grove  
**Teaching period:** 2010 SEM-2

**PYB356 COUNSELLING THEORY AND PRACTICE 2**

This unit focuses on the common facilitative factors within a counselling process paying attention to the person of the therapist and the counselling relationship. In order to respond appropriately and therapeutically to the needs of their clients, counsellors must have a clear understanding of the social and interactive processes which occur. Consideration of verbal, non-verbal, social, emotional, gender, psychological and social dimensions enables counsellors to develop effective, functional and client-focused relationships and to control biases, needs and possible exploitive practices.

**Prerequisites:** PYB208  
**Credit points:** 12  
**Contact hours:** 3 per week  
**Campus:** Kelvin Grove  
**Teaching period:** 2010 SEM-1

**PYB359 INTRODUCTION TO FAMILY THERAPY**

Family therapy, based on a systemic or relationship understanding of human problems, has been one of the most significant influences in the fields of counselling and psychology in recent times. With the increasing emphasis on the family as a focus for social policy, support services, research, and intervention, it is important for counsellors and psychologists to have some familiarity with the basic concepts and skills of this broad approach. This unit focuses on providing basic skills and concepts from one particular approach which will be called ‘Constructive Therapy’, combining aspects of solution-focused therapy, possibility therapy, narrative therapy and reflecting team practice.

**Prerequisites:** PYB208  
**Credit points:** 12  
**Contact hours:** 3 per week  
**Campus:** Kelvin Grove  
**Teaching period:** 2010 SEM-2

**PYB360 INTERVENTIONS FOR ADDICTIVE BEHAVIOURS**

Addictive behaviours, in the form of alcohol-dependence, substance abuse and gambling, are recognised as major problems nationally and internationally. This unit focuses predominantly on psychological aspects of addictive behaviours. To establish a framework for learning, classes initially review issues relating to psychological models of addiction and methods of studying addictive behaviours. Issues pertaining to the symptomatology, etiology and assessment of addictive behaviours, as well as the theoretical underpinnings of a range of therapeutic interventions are also discussed. This unit encourages critical thinking and analysis with the aim of enhancing students’ understanding of the complex issues relating to management of addictive behaviours.

**Prerequisites:** PYB159 or PYB158 or PYB260 or NSB223  
**Credit points:** 12  
**Contact hours:** 1 week intensive between semesters 1 & 2  
**Campus:** Kelvin Grove  
**Teaching period:** 2010 SEM-2