Bachelor of Nursing / Bachelor of Midwifery (NS50)

Year offered: 2010
Admissions: Yes
Course duration (full-time): 4 years
Domestic fees (indicative): 2010: CSP $2,600 (indicative) per semester
International Fees (indicative): 2010: $10,250 (indicative) per semester
Domestic Entry: February
International Entry: February
QTAC code: 425732
Past rank cut-off: 96
Past OP cut-off: 3
Assumed knowledge: English (4, SA)
Preparatory studies: For information on acquiring assumed knowledge visit http://www.studentservices.qut.edu.au/apply/ug/info/knowledge.jsp
Total credit points: 384
Course coordinator: Dr Jo Ramsbotham (All enrolment queries to email: nursing.enquiries@qut.com or phone: 07 3138 3824)
Campus: Kelvin Grove

Overview
This course combines the disciplines of nursing and midwifery. The program balances the development of clinical skills in nursing and midwifery with theoretical study and includes clinical placements in maternity settings, hospitals, and community facilities. The course is designed to provide graduates with the knowledge, skills and competencies to practise as registered nurses and endorsed midwives.

Note that graduates are awarded a Bachelor of Nursing and a Bachelor of Midwifery. The Bachelor of Midwifery is not offered alone as a separate course.

The course is four years full-time. Year 1 was offered for the first time in 2008; Year 2 was offered for the first time in 2009; Years 3 and 4 will be introduced progressively in 2010 and 2011.

Career options
The course is designed to prepare graduates for employment as nurses or midwives. At present there are workforce shortages in both nursing and midwifery. Graduates will be able to work not only in hospital settings, but also in community and rural settings.

Registration
Registered General Nurse and Endorsed Midwife with Queensland Nursing Council.

Professional Recognition
The program will satisfy the academic and educational requirements for admission as a professional member of the Royal College of Nursing, Australia, and Australian College of Midwives Incorporated.

OP Guarantee
The OP Guarantee does not apply to this course.

Other course requirements
It is a requirement of Queensland Health that all students undertaking a clinical placement in a Q health facility complete The Essentials component of the student orientation package which is available on the Queensland Health website.

Blue Card
As required by the Commission for Children and Young People and Child Guardian Act (2000) students must undergo a criminal history check and be issued with a Suitability Care (Blue Card) before commencing field experience/practicum in an organisation where they may work with children or young people. This is a mandatory requirement that must be met prior to undertaking any field experience/practicum program throughout your course. For more information, visit bluecard.qut.com.

Additional Costs
The clinical practice units require students to undertake block practicums of two or more weeks duration. Block practicums may be scheduled during semester breaks. Students will be required to wear a uniform while on clinical practice, the cost of which is approximately $150. Students enrolling in this program are also required to have a current Senior First Aid Certificate or the equivalent prior to commencement of Clinical Practice 1.

Deferment
QUT allows current Year 12 school leavers to defer their undergraduate admission offer for one year, or for six months if offered mid-year admission, except in courses using specific admission requirements such as questionnaires, folios, auditions, prior study or work experience.

Non-year 12 students may also request to defer their QTAC offer on the basis of demonstrated special circumstances.

Find out more on deferment.
Further information
For information about this course, please call the School of Nursing and Midwifery on +617 3138 3824 or email nursing.enquiries@qut.edu.au

Course structure

Year 1, Semester 1
Note: Students who commenced this course in 2009 or earlier should refer to the Faculty of Health Student Zone web site for transition arrangements at www.hlth.qut.edu.au/study/forcurrentstudents/

<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
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<tbody>
<tr>
<td>LSB182</td>
<td>Bioscience 1</td>
</tr>
<tr>
<td>NSB225</td>
<td>Health, Human Development and Ageing</td>
</tr>
<tr>
<td>NSB700</td>
<td>Introduction To Midwifery Practice</td>
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<tr>
<td>PYB074</td>
<td>Communication for Nursing and Midwifery Practice</td>
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Year 1, Semester 2

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<tbody>
<tr>
<td>LSB282</td>
<td>Bioscience 2</td>
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<tr>
<td>NSB113</td>
<td>Diversity and Health: Introduction to Indigenous and Multicultural Perspectives</td>
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<tr>
<td>NSB118</td>
<td>Foundations of Nursing Practice</td>
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<td>NSB122</td>
<td>Clinical Practice 1</td>
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Year 2, Semester 1

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<tr>
<td>LSB382</td>
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<tr>
<td>LSB384</td>
<td>Pharmacology For Health Professionals</td>
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<td>NSB212</td>
<td>Clinical Practice 2</td>
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<tr>
<td>NSB324</td>
<td>Health Alterations and Nursing 1</td>
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<td>NSB705</td>
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Year 2, Semester 2

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<tr>
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<td>Clinical Practice 3</td>
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<tr>
<td>NSB223</td>
<td>Mental Health Nursing</td>
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<td>NSB423</td>
<td>Health Alterations and Nursing 2</td>
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<td>NSB710</td>
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Year 3, Semester 1

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<tr>
<td>LWS101</td>
<td>Ethics Law and Health Care</td>
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<tr>
<td>NSB322</td>
<td>Clinical Practice 4</td>
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<tr>
<td>NSB500</td>
<td>Health Alterations and High Dependency Nursing</td>
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<tr>
<td>NSB720</td>
<td>Challenges in Midwifery Practice</td>
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Year 3, Semester 2

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<tr>
<td>NSB224</td>
<td>Research Approaches in Nursing</td>
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Year 4, Semester 1

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<td>NSB321</td>
<td>Professional Nursing Development</td>
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<tr>
<td>NSB503</td>
<td>Promoting Health in the Community</td>
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<td>NSB725</td>
<td>Midwifery Practice 2</td>
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Year 4, Semester 2

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<td>NSB800</td>
<td>Critical Issues in Neonatal Care</td>
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<tr>
<td>NSB810</td>
<td>Clinical Project in Midwifery Practice</td>
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<tr>
<td>NSB820</td>
<td>Integrated Practicum A</td>
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Year 4, Semester 2

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<tr>
<td>NSB805</td>
<td>Australian Indigenous and Global Perspectives in Midwifery Practice</td>
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<tr>
<td>NSB825</td>
<td>Integrated Practicum B</td>
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Health Unit prerequisites/corequisites
For information on prereqs & coreqs visit: www.hlth.qut.edu.au/study/forcurrentstudents/

UNIT SYNOPSISES

LSB182 BIOSCIENCE 1
This unit develops an understanding of normal human structures in relation to their functions at the cellular, tissue and organ levels. This is a foundation course in anatomy and physiology for nursing students. Topics covered are: the cell, tissues; systems of the body and their functions; surface anatomy and body topography; musculoskeletal adaptations; posture control and balance.

Antirequisites: LSB131, LSB142  Credit points: 12  Contact hours: 5 per week  Campus: Kelvin Grove and Caboolture  Teaching period: 2010 SEM-1 and 2010 SEM-2

LSB282 BIOSCIENCE 2
This unit includes the introduction to diseases, infections and treatments and the body defence systems and control of infection and considers in depth the respiratory and cardiovascular systems and diseases which affect these systems.

Prerequisites: LSB182 or (LSB131 and LSB231)  Credit points: 12  Contact hours: 4 per week  Campus: Kelvin Grove and Caboolture  Teaching period: 2010 SEM-2

LSB382 BIOSCIENCE 3
This Bioscience unit is based on previous studies in anatomy, physiology and microbiology. It includes: the physiology, pathophysiology and pharmacology of diseases (including infectious diseases) of the nervous, reproductive, gastrointestinal and renal system. Also covered are diabetes; diseases of joints; obesity and its effects on the
During your clinical practicum you will continue to work on a range of health problems, including mental health problems. Contemporary nursing practice demands practitioners that demonstrate professional clinical decision-making and the ability to utilise information and communication technologies to ensure high quality health care outcomes. Professional communication and high order thinking processes are vital to ensure high quality data collection and management. This unit introduces the fundamental principles, knowledge and skills that need to be considered when applying decision-making processes in nursing practice and using information and communication technologies.

**NSB118 FOUNDATIONS OF NURSING PRACTICE**

Following on from Clinical practice 2 this unit continues to develop your skills in identifying health problems, developing plans of nursing care, delivering care, evaluating client outcomes and understanding the role of the nurse in the health care team. This unit continues to focus on developing your skills related to problem solving, decision-making and care delivery for clients who are experiencing a range of health problems, including mental health problems. During your clinical practicum you will continue to work...
alongside registered nurses in a variety of clinical setting. 

**Prerequisites:** NSB212  
**Credit points:** 12  
**Campus:** Kelvin Grove  
**Teaching period:** 2010 SEM-1 and 2010 SEM-2

**NSB223 MENTAL HEALTH NURSING**

Nurses in all health care settings will encounter people with mental health problems and disorders. Mental health care is no longer provided solely by a specialised psychiatric service, but in a variety of general health and community settings. Mental disorders represent nearly 30 per cent of the non-fatal disease burden and are the leading cause of disability in Australia. As physical health improves, mental disorders are assuming an even greater impact on people’s well-being. Mental health nursing skills will enable you to help a wide variety of clients to improve their quality of life and to achieve their highest possible level of functioning. 

**Prerequisites:** NSB118  
**Credit points:** 12  
**Contact hours:** 3 per week  
**Campus:** Kelvin Grove  
**Teaching period:** 2010 SEM-1 and 2010 SEM-2

**NSB224 RESEARCH APPROACHES IN NURSING**

This unit provides an introduction and overview of research in nursing. It covers the major philosophical traditions in research, the purpose of research, the relationship between research and nursing practice, the notion of nursing knowledge, the process of research, ethical issues related to research and strategies for critiquing research reports. Particular emphasis will be placed on selected methodologies that are used to research nursing practice, and quantitative and qualitative data collection and data analysis. 

**Credit points:** 12  
**Contact hours:** 3 per week  
**Campus:** Kelvin Grove  
**Teaching period:** 2010 SEM-1 and 2010 SEM-2

**NSB225 HEALTH, HUMAN DEVELOPMENT AND AGEING**

This unit focuses on developing basic knowledge and understanding of the nurse's role in promoting health and wellbeing for people of all ages. Concepts addressed in this unit include, but are not limited to, definitions and models of health and wellbeing; major stages of human growth and development; physical and psychosocial theories of human development, theories of ageing and the concept of health throughout life. As you progress further in the course, the understandings that you develop in this unit will be extended through other theoretical studies and experiences in clinical practice. 

**Credit points:** 12  
**Contact hours:** 3 per week  
**Campus:** Kelvin Grove  
**Teaching period:** 2010 SEM-1 and 2010 SEM-2

**NSB321 PROFESSIONAL NURSING DEVELOPMENT**

This unit is designed to reinforce the link between personal development and clinical practice and highlights the changing workplace and ongoing professional development. As such, the unit focuses on clarifying the relevance of professional concepts such as management, teamwork, scope of practice, changing division of labour, codes of conduct and professional organisations by directly relating these to clinical experience and life long learning. Similarly, the unit considers and interprets clinical practice and the clinical environment by exploring ways in which knowledge is used to inform practice. 

**Prerequisites:** NSB322  
**Credit points:** 12  
**Contact hours:** 3 per week  
**Campus:** Kelvin Grove and External  
**Teaching period:** 2010 SEM-1 and 2010 SEM-2

**NSB322 CLINICAL PRACTICE 4**

Nurses play a pivotal role in the provision of contemporary health care in a variety of settings. This clinical unit offers you the opportunity to experience the diversity of nursing practice while providing care for patients with multiple health problems. The clinical practicum associated with this unit utilises a variety of clinical environments providing both hospital and community based care. Students also have the option of undertaking a clinical placement in a rural, remote, interstate, overseas or indigenous community area. In addition, advanced clinical concepts that build on the basic skills you have developed earlier in the program will be addressed. 

**Prerequisites:** NSB222, NSB223, NSB324, and NSB423  
**Credit points:** 12  
**Campus:** Kelvin Grove  
**Teaching period:** 2010 SEM-1 and 2010 SEM-2

**NSB324 HEALTH ALTERATIONS AND NURSING 1**

This unit will build on the concepts introduced in Foundations of Nursing Practice and enhance your knowledge and skills in clinical decision making processes. It will introduce nursing care and management of people across the lifespan in a range of environments and use a focus of acute and ambulatory health alterations based around selected body systems. As you progress through the course, the knowledge and skills you develop in this unit will be built upon and extended to meet the requirements of professional practice and consumer needs for quality health care. 

**Prerequisites:** NSB118  
**Credit points:** 12  
**Contact hours:** 3 per week  
**Campus:** Kelvin Grove  
**Teaching period:** 2010 SEM-1 and 2010 SEM-2

**NSB423 HEALTH ALTERATIONS AND NURSING 2**

This unit will build on the concepts introduced in Foundations of Nursing Practice and enhance your knowledge and skills in clinical decision making processes. It will introduce nursing care and management of people across the lifespan in a range of environments and use a focus of acute and chronic health alterations based around
selected body systems. As you progress through the course, the knowledge and skills you develop in this unit will be built upon and extended to meet the requirements of professional practice and consumer needs for quality health care.

Prerequisites: NSB118  Credit points: 12  Contact hours: 3 per week  Campus: Kelvin Grove  Teaching period: 2010 SEM-1 and 2010 SEM-2

**NSB500 HEALTH ALTERATIONS AND HIGH DEPENDENCY NURSING**
This unit is the final of three units expounding on nursing management of acute and chronic health alterations that impact on people across the lifespan in a variety of settings. The focus of this unit is the utilisation of a clinical decision making process to provide comprehensive and holistic nursing management for people experiencing complex and/or life threatening health alterations, particularly in high acuity and palliation settings. Implementation of the clinical decision making process will be at a more advanced level to meet the multifaceted needs of these patients with complex needs in preparation for practice as a beginning level registered nurse.

Prerequisites: NSB324 and NSB423  Credit points: 12  Contact hours: 3 per week  Campus: Kelvin Grove  Teaching period: 2010 SEM-1 and 2010 SEM-2

**NSB503 PROMOTING HEALTH IN THE COMMUNITY**
Nurses have an important role in promoting the health and wellbeing of individuals, families and communities. An understanding of contemporary health and wellbeing issues for individuals and groups in our society with specific focus on health and chronic illness in the community. This unit builds on knowledge and understanding of the nurse's role in promoting health and wellbeing for people of all ages, families and communities.

Credit points: 12  Teaching period: 2010 SEM-1 and 2010 SEM-2

**NSB700 INTRODUCTION TO MIDWIFERY PRACTICE**
This unit is an introduction to the scope of midwifery practice and an exploration of the role of midwifery practice and woman-centred care. You will be introduced to cultural considerations relating to child bearing families, and legal and ethical issues relating to midwifery practice. The role of midwifery codes of practice, ethics, and professional midwifery competencies across a range of midwifery practice settings is also examined.

Credit points: 12  Teaching period: 2010 SEM-1

**NSB705 FOUNDATIONS OF MIDWIFERY PRACTICE**
This unit provides a foundation for the theoretical concepts and principles for practice as a midwife. Emphasis is placed on the childbearing process as a normal and non-pathological process, during which the midwife, in collaboration with the woman, family, and other health professionals, provides midwifery care. Development of core knowledge, attitudes and skills required for beginning practice as a practising midwife is fundamental to providing childbearing women and their families with information, choices and support throughout pregnancy, birthing and the postnatal period.

Credit points: 12  Teaching period: 2010 SEM-1

**NSB710 MIDWIFERY PRACTICE 1**
This unit provides the opportunity to develop the clinical knowledge and skills in the areas of antenatal and postnatal assessment and care, as well as an introduction to the assessment and care for the birthing woman. The focus in this unit is midwifery practice in the area of uncomplicated pregnancy and birth.

Prerequisites: NSB700, NSB705, NSB122, and NSB212  Credit points: 12  Teaching period: 2010 SEM-2

**NSB720 CHALLENGES IN MIDWIFERY PRACTICE**
The aim of this unit is to develop an ability to critically evaluate the core knowledge, attitudes and skills required for beginning practice as an endorsed midwife when caring for childbearing women, neonates and their families experiencing complications during pregnancy, birth and/or the puerperium. Midwives have a professional, legal, and ethical responsibility to identify factors that complicate pregnancy, birth and the postnatal period. Midwives need skills and knowledge to recognise and act on changing events, consulting colleagues in a timely manner, working collaboratively to manage complications that arise to put the woman and her newborn at risk of adverse outcomes.

Prerequisites: NSB700, NSB705  Credit points: 12  Campus: Kelvin Grove  Teaching period: 2010 SEM-1

**NSB725 MIDWIFERY PRACTICE 2**
The aim of this clinical unit is to enable you to develop knowledge and skills necessary for the planning and delivery of midwifery care for women and families that require more complex interventions. Off campus settings for this unit may include maternity hospitals, midwifery services, mental health facilities that specialise in postnatal disorders, and community facilities. Midwives have a professional, legal and ethical responsibility to recognise factors that create or intensify complications throughout the childbearing period, and act on their findings. Following on from Midwifery practice 1 this unit continues to develop your skills in providing midwifery care to childbearing women, their newborns and families. In working alongside midwives in various health care facilities you will develop a greater appreciation for the role of the midwife in supporting women experiencing physical and psychological complications of ‘high-risk’ birthing.
Credit points: 12  Teaching period: 2010 SEM-2

NSB800 CRITICAL ISSUES IN NEONATAL CARE
This unit provides you with a sound basis for midwifery practice in the area of neonatal care, through an understanding of the critical issues and factors that influence neonatal health and family wellbeing.
Prerequisites: NSB720  Credit points: 12  Campus: Kelvin Grove  Teaching period: 2011 SEM-1

NSB805 AUSTRALIAN INDIGENOUS AND GLOBAL PERSPECTIVES IN MIDWIFERY PRACTICE
This unit contextualises Australian midwifery practice within a global perspective of midwifery practice and maternity service delivery. Global trends in models of midwifery care and national and international forces that influence these trends is examined.
Prerequisites: NSB700  Credit points: 12  Campus: Kelvin Grove  Teaching period: 2011 SEM-2

NSB810 CLINICAL PROJECT IN MIDWIFERY PRACTICE
This unit tests theoretical understandings of the links between current theory, quality improvement, and the developing evidence for midwifery practice. It focuses on the design and implementation of a clinical midwifery project that reflects students' clinical practice and development.
Prerequisites: NSB224, NSB500  Corequisites: NSB820  Credit points: 12  Campus: Kelvin Grove  Teaching period: 2011 SEM-1

NSB820 INTEGRATED PRACTICUM A
This clinical unit offers students the opportunity to further experience the diversity of practice while providing nursing and/or midwifery care. The clinical practicum associated with this unit utilises a variety of clinical environments providing both hospital and community based care. Students also have the option of undertaking a clinical placement in a rural, remote, interstate, overseas or Indigenous community area. Advanced clinical concepts that build on the basic skills developed earlier in the program will be addressed. [Designated unit]
Prerequisites: NSB322 and NSB710 and NSB720 and NSB725  Corequisites: NSB810  Credit points: 24  Campus: Kelvin Grove  Teaching period: 2011 SEM-1

NSB825 INTEGRATED PRACTICUM B
This is the final unit in the series of clinical units that provide students with the opportunity to consolidate the knowledge, skills and attributes required for safe, competent practice as both a beginning level registered nurse as well as a beginning level endorsed midwife. This unit builds on previous clinical units and draws upon concepts, principles and theories that have been developed through your studies in nursing, midwifery, and related sciences. Particular emphasis is placed on the coordination of care for a group of clients, critical thinking and reflection on practice, and confidence, efficiency and effectiveness in the implementation of nursing and midwifery care. [Designated unit]
Prerequisites: NSB820  Credit points: 24  Campus: Kelvin Grove  Teaching period: 2011 SEM-2

PYB074 COMMUNICATION FOR NURSING AND MIDWIFERY PRACTICE
Effective communication with health professionals and patients, and an understanding of interpersonal skills in general, is essential for providing quality care in the nursing context. Communication that is effective can assist to build team work and to ensure the best care possible is provided to each person and group. This unit encourages links between research, personal insight, and the development of practical communication skills for use in both one-on-one interpersonal situations and small group environments. The communication microskills presented in this unit are the foundation for successful personal and professional relationships and are essential for professional nursing practice.
Antirequisites: PYB007, PYB073, HHB113, PYB111  Credit points: 12  Campus: Kelvin Grove and Caboolture  Teaching period: 2010 SEM-1 and 2010 SEM-2