Bachelor of Nursing/Bachelor of Applied Science (in Human Movement Studies) (HL40)

Year offered: 2010
Admissions: No
CRICOS code: 031578A
Course duration (full-time): 4 Years
Domestic fees (indicative): 2010: CSP $2,655 (indicative) per semester
International Fees (indicative): 2010: $11,250 (indicative) per semester
Domestic Entry: February
International Entry: February
QTAC code: 425272
Past rank cut-off: 75
Past OP cut-off: 13
OP Guarantee: Yes
Assumed knowledge: English (4, SA)
Preparatory studies: For information on acquiring assumed knowledge visit http://www.studentservices.qut.edu.au/apply/ug/info/knowledge.jsp
Total credit points: 432
Course coordinator: Nursing: Dr Jo Ramsbotham; HMS: Dr Ian Renshaw (enrolment queries to email: nursing.enquiries@qut.edu.au or phone: 07 3138 3824 OR email: enquirieshms@qut.edu.au or phone: 07 3138 4697
Campus: Kelvin Grove

Overview
This course has been replaced by HL23 Bachelor of Nursing/ Bachelor of Exercise and Movement Science from first semester 2010.

Continuing students will complete their course requirements in HL40 Bachelor of Nursing/ Bachelor of Applied Science (in Human Movement Studies).

This double degree will prepare you as a multi-skilled professional who meets current requirements for employment in nursing and is able to apply your knowledge and skills to clinical health, fitness and rehabilitation.

Why choose this course?
QUT has the longest running tertiary-based School of Nursing in Queensland, with many years of industry consultation and experience. This long-term and extensive collaboration and partnership provides you with unparalleled practical experience throughout your course.

The course provides a good balance of nursing theory and practice and supporting studies in biological, behavioural and social science, and the humanities, together with studies in human movement relevant to many health care settings.

Career Outcomes
This double degree prepares multi-skilled professionals who meet current requirements for employment in the area of nursing and, in addition, can apply their knowledge and skills in exercise and sports science settings.

Nursing graduates are in high demand and have excellent employment opportunities in a variety of health care settings. Nurses are in demand all over the world and QUT nursing graduates have been successful in obtaining employment overseas, including in Britain, New Zealand and North America.

Professional Recognition
The Bachelor of Nursing is recognised by the Royal College of Nursing, Australia as satisfying the academic requirements for admission as a professional member. It is also an accredited nursing preregistration course of the Queensland Nursing Council (QNC). For further information on QNC registration visit www.qnc.qld.gov.au

Recommended Study
Any of Maths B or C, Biological Science, Chemistry, Health Education, Physical Education or Physics.

Other Course Requirements
The clinical practice units in the nursing component require you to undertake block practicums of two or more weeks duration during semester. You will be required to wear a uniform while on clinical practice, the cost of which is approximately $150. You will be required to complete a course of vaccinations for Hepatitis B before commencing your clinical practice units and you are also required to have a current Senior First Aid Certificate or the equivalent prior to commencement of Clinical Practice 1. Total cost for uniform, footwear, first aid certificate and Hepatitis B vaccination is approximately $500.

The human movement studies component requires the purchase of the practicum shirt (approximately $50). Attendance at the orientation camp is highly recommended though not compulsory (approximately $115).

Students undertaking a clinical placement in a Queensland Health facility are required to complete "The Essentials" component of the student orientation package, available on the Queensland Health website.
blue card Students must undergo a criminal history check and be issued with a Blue Card prior to undertaking clinical practice in an organisation which may involve contact with children and young people. This is a mandatory requirement that must be met prior to undertaking any field experience/practicum program throughout your course.

Deferment
QUT allows current Year 12 school leavers to defer their undergraduate admission offer for one year, or for six months if offered mid-year admission, except in courses using specific admission requirements such as questionnaires, folios, auditions, prior study or work experience.

Non-year 12 students may also request to defer their QTAC offer on the basis of demonstrated special circumstances.

Find out more on deferment.

Further Information
For information about this double degree, please call the School of Nursing and Midwifery +61 7 3138 3824 or email nursing.enquiries@qut.edu.au OR the School of Human Movement Studies on +61 7 3138 4520 or email hms.enquiries@qut.edu.au

Full-time Course structure

Year 1, Semester 1

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Name</th>
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</thead>
<tbody>
<tr>
<td>LSB131</td>
<td>Anatomy</td>
</tr>
<tr>
<td>HMB171</td>
<td>Fitness Health and Wellness</td>
</tr>
<tr>
<td>NSB117</td>
<td>Nursing and the Health Care System</td>
</tr>
<tr>
<td>PYB012</td>
<td>Psychology</td>
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Year 1, Semester 2

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Name</th>
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<tbody>
<tr>
<td>HMB172</td>
<td>Nutrition and Physical Activity</td>
</tr>
<tr>
<td>HMB272</td>
<td>Biomechanics</td>
</tr>
<tr>
<td>HMB275</td>
<td>Exercise and Sport Psychology</td>
</tr>
<tr>
<td>LSB231</td>
<td>Physiology</td>
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<tr>
<td>PYB007</td>
<td>Interpersonal Processes and Skills</td>
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Year 2, Semester 1

<table>
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<tr>
<th>Course Code</th>
<th>Course Name</th>
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<tbody>
<tr>
<td>HMB271</td>
<td>Foundations of Motor Control, Learning and Development</td>
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Year 2, Semester 2

<table>
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<tr>
<th>Course Code</th>
<th>Course Name</th>
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<tbody>
<tr>
<td>HMB274</td>
<td>Functional Anatomy</td>
</tr>
<tr>
<td>HMB379</td>
<td>Disorders of Human Movement</td>
</tr>
<tr>
<td>NSB225</td>
<td>Health, Human Development and Ageing</td>
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Year 3, Semester 1

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<tr>
<th>Course Code</th>
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<tbody>
<tr>
<td>LSB382</td>
<td>Bioscience 3</td>
</tr>
<tr>
<td>LSB384</td>
<td>Pharmacology For Health Professionals</td>
</tr>
<tr>
<td>HMB382</td>
<td>Principles of Exercise Prescription</td>
</tr>
<tr>
<td>NSB212</td>
<td>Clinical Practice 2</td>
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<tr>
<td>NSB324</td>
<td>Health Alterations and Nursing 1</td>
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Year 3, Semester 2

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<tr>
<th>Course Code</th>
<th>Course Name</th>
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<tbody>
<tr>
<td>LSB101</td>
<td>Ethics Law and Health Care</td>
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<tr>
<td>HMB276</td>
<td>Research in Human Movement</td>
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<tr>
<td>NSB222</td>
<td>Clinical Practice 3</td>
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<tr>
<td>NSB423</td>
<td>Health Alterations and Nursing 2</td>
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<tr>
<td>NSB223</td>
<td>Mental Health Nursing</td>
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Year 4, Semester 1

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<th>Course Code</th>
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<tbody>
<tr>
<td>NSB322</td>
<td>Clinical Practice 4</td>
</tr>
<tr>
<td>NSB500</td>
<td>Health Alterations and High Dependency Nursing</td>
</tr>
<tr>
<td>NSB503</td>
<td>Promoting Health in the Community</td>
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<tr>
<td>HMA List</td>
<td>Elective or Nursing Elective</td>
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Year 4, Semester 2

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<tr>
<th>Course Code</th>
<th>Course Name</th>
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<tbody>
<tr>
<td>NSB321</td>
<td>Professional Nursing Development</td>
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<tr>
<td>NSB333</td>
<td>Clinical Practice 5</td>
</tr>
<tr>
<td>HMB470</td>
<td>Practicum 1</td>
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Human Movement Studies Third Level Elective List *

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<tr>
<th>Course Code</th>
<th>Course Name</th>
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<tbody>
<tr>
<td>HMB277</td>
<td>Exercise and Sport Nutrition</td>
</tr>
<tr>
<td>HMB362</td>
<td>Biomechanics 2</td>
</tr>
<tr>
<td>HMB381</td>
<td>Exercise Physiology 2</td>
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Nursing Elective List

*Note: all third level units are not available in every semester
Note: subject to unit availability

NSB421 Independent Study
NSB600 Introduction to Nursing Children and Childbearing Families
NSB602 Pain Management and Nursing Practice
NSB603 Introduction to Cardiothoracic Nursing
NSB604 Nursing Practice and the Older Person
NSB606 Palliative Care Nursing

Health Unit prerequisites/corequisites

For information on prereqs & coreqs visit: www.hlth.qut.edu.au/study/forcurrentstudents/

Potential Careers:
Fitness Assessor/Personal Trainer, Health Services Manager, Nurse.

UNIT SYNOPSES

HMB171 FITNESS HEALTH AND WELLNESS
The dimensions and interrelationships of health, physical activity and wellness are studied. Basic principles of conditioning and exercise prescription necessary to demonstrate the impact of physical activity on lifestyle diseases, health behaviours and wellness are examined. Principles and theory of behaviour change are employed.
Credit points: 12 Contact hours: 3-4 per week Campus: Kelvin Grove Teaching period: 2010 SEM-1

HMB172 NUTRITION AND PHYSICAL ACTIVITY
This unit is an introduction to principles of nutrition in relation to the physical activity setting, and the role of nutrition and physical activity in weight management. This unit also covers the essential elements of child growth and development (auxology) in relation to nutrition and health. The unit is designed to underpin studies in exercise physiology and sports nutrition.
Credit points: 12 Contact hours: 3 per week Campus: Kelvin Grove Teaching period: 2010 SEM-2

HMB271 FOUNDATIONS OF MOTOR CONTROL, LEARNING AND DEVELOPMENT
This unit introduces students to the behavioural and neural bases of movement control through an examination of the central nervous and neuromuscular systems, hierarchical control, human information processing and dynamical systems. It covers elements of sensory mechanisms related to movement. Foundations of motor learning and adaptation are introduced, linking underlying mechanisms of learning with principles that may be applied in teaching, coaching and rehabilitation.
Prerequisites: LSB131 or LSB231 or LSB255 Credit points: 12 Contact hours: 4 per week Campus: Kelvin Grove Teaching period: 2010 SEM-1

HMB272 BIOMECHANICS
This unit includes the application of mechanics as they apply to Human Movement including: kinematics and dynamics of human body models; quantitative analysis; impact; work and power; fluid dynamics; material properties.
Prerequisites: LSB131 Credit points: 12 Contact hours: 4 per week Campus: Kelvin Grove Teaching period: 2010 SEM-2

HMB273 EXERCISE PHYSIOLOGY 1
This unit describes the immediate physiological responses to exercise, and the adaptations that occur with long-term exercise training. Exercise places a demand on the human body to provide sufficient energy to perform. The metabolic, hormonal, cardiovascular and pulmonary systems must adapt to meet the challenge of homeostasis. The active skeletal muscle must increase extraction and utilisation of oxygen and other fuels, the cardiovascular system must respond to improved gas and fuel transport, and lung function must change to facilitate increased respiratory gas exchange.
NOTE for Summer Semester students: Teaching will not commence until January 2010, but some unit information will be available from 16 November 2009.

Students wishing to enrol up to the beginning of January will need to email enquirieshms@qut.edu.au
Prerequisites: LSB231 or LSB142 Credit points: 12 Contact hours: 4 per week Campus: Kelvin Grove Teaching period: 2010 SUM-2, 2010 SEM-2 and 2010 SUM-1

HMB274 FUNCTIONAL ANATOMY
This unit includes the following: surface anatomy of the trunk and upper and lower limb; morphological and mechanical properties of bone, muscle-tendon units with implications for physical activity; joint structure and function; analyses of movement tasks including walking and running; cinematography and electromyography in functional anatomy of movement tasks.
Prerequisites: LSB131 or LSB255 Credit points: 12 Contact hours: 4 per week Campus: Kelvin Grove Teaching period: 2010 SEM-1

HMB275 EXERCISE AND SPORT PSYCHOLOGY
This unit includes the following: introduction to the psychological factors which influence performance, participation and adherence to both sport and exercise programs; personality and the athlete; attention and arousal;
relaxation theory and practice; aggression and psycho-social development; leadership and team cohesion.

**Prerequisites:** PYB100 or PYB012 or EDB002  
**Credit points:** 12  
**Contact hours:** 3 per week  
**Campus:** Kelvin Grove  
**Teaching period:** 2010 SEM-2

**HMB276 RESEARCH IN HUMAN MOVEMENT**

This unit includes principles of research: purposes, philosophy, applications. It addresses quantitative research including basic statistics, descriptive, ANOVA, correlation, regression and non-parametrics, and basic research design hypothesis testing. Qualitative research includes methodology, data collection, and theory building. Research presentation includes: writing a research report and developing conclusions. This unit also considers application of research, examples in human movement, related literature, computer data analysis, and information retrieval.  
**Credit points:** 12  
**Contact hours:** 3 per week  
**Campus:** Kelvin Grove  
**Teaching period:** 2010 SEM-2

**HMB277 EXERCISE AND SPORT NUTRITION**

This unit considers the relationship between nutrition and exercise and physical activity. Areas covered include dietary and energy requirements in exercise and sport and substrate utilisation at the cellular level during exercise. The influence that nutrition has on performance via changes in body composition, fuel utilisation, blood biochemistry and ergogenic aids will also be covered. Nutritional supplements and water and electrolyte balance in exercise and sport are also part of this unit.  
**Prerequisites:** HMB172 or PUB201  
**Credit points:** 12  
**Contact hours:** 3 per week  
**Campus:** Kelvin Grove  
**Teaching period:** 2010 SEM-1

**HMB282 RESISTANCE TRAINING**

This unit aims to equip students with the basic knowledge, skills and competencies required for exercise prescription in resistance training for muscular fitness. Students build on prior knowledge of biomechanics, anatomy, physiology and motor control to develop understanding of the mechanical and physiological determinants of muscular fitness. The unit incorporates a blend of theoretical background, practical knowledge and skills in the main areas of muscular hypertrophy, strength, power and endurance. This understanding is then used to critically analyse resistance training programs.  
**Prerequisites:** LSB131  
**Credit points:** 12  
**Campus:** Kelvin Grove  
**Teaching period:** 2010 SEM-2

**HMB362 BIOMECHANICS 2**

This unit includes the following: measurement techniques within biomechanics; analysis of force systems; photographic, goniometric and electrophysiographic analysis of movement; an introduction to viscoelasticity and biological materials; material properties; mass and inertial characteristics of the human body; applied aspects of biomechanics undertaken from a research project perspective.  
**Prerequisites:** HMB272 and HMB274  
**Credit points:** 12  
**Contact hours:** 4 per week  
**Campus:** Kelvin Grove  
**Teaching period:** 2010 SEM-1

**HMB379 DISORDERS OF HUMAN MOVEMENT**

This unit introduces a selection of disorders and disease states that limit or alter the capacity for movement and physical activity. Each is described in terms of relevant epidemiology and pathophysiology, emphasising the relationship between each disorder and movement or activity, together with factors affecting this relationship. The unit provides students with a basic knowledge of a selection of movement-related disorders, as a foundation for subsequent applications, whether in research, working with special populations, in rehabilitation, or in other clinical settings. The unit also enhances the ability of students to independently study disorders not covered in the unit.  
**Prerequisites:** HMB271  
**Credit points:** 12  
**Contact hours:** 3 per week  
**Campus:** Kelvin Grove  
**Teaching period:** 2010 SEM-1

**HMB381 EXERCISE PHYSIOLOGY 2**

This unit examines the integrated regulation of the organ system examined in Exercise Physiology 1. Within this integrated perspective current research areas will be highlighted, including but not limited to (1) exercise performance and environmental stress, (2) special aids to exercise training and performance, and (3) limitations to exercise in healthy normal individuals, elite athletes and selected patient populations.  
**Prerequisites:** HMB273  
**Credit points:** 12  
**Contact hours:** 3-4 per week  
**Campus:** Kelvin Grove  
**Teaching period:** 2010 SEM-1

**HMB382 PRINCIPLES OF EXERCISE PRESCRIPTION**

In this unit, students examine the physiological principles and methods used in training and conditioning programs at all levels of physical activity. The integration of fitness assessment and exercise prescription is a major component of the unit, introducing the student to these requirements in the context of aerobic conditioning, resistance training, weight loss and flexibility. There is a strong emphasis on putting theory into practice, including the development and utilisation of appropriate practical skills in both fitness assessment and exercise prescription.  
**Prerequisites:** HMB273 and HMB282  
**Credit points:** 12  
**Contact hours:** 4 per week  
**Campus:** Kelvin Grove  
**Teaching period:** 2010 SEM-1

**HMB470 PRACTICUM 1**

In the first of the Human Movement dedicated practicum units, students undertake in-depth experience at two
different workplaces (40 hours each) while maintaining ongoing involvement in the School's clinics (20 hours). The student is provided with an extended opportunity to apply classroom learned knowledge and skills under the supervision of Human Movement Practitioners. Workplace involvement is preceded by a vocational skill seminar and workshop program while an interactive analysis program is instigated post practicum.

Prerequisites: HMB382  
Credit points: 12  
Campus: Kelvin Grove  
Teaching period: 2010 SEM-1 and 2010 SEM-2

LSB131 ANATOMY
This unit includes basic concepts of anatomy: an overview of the structure of cells, body tissues, and body systems; aspects of surface anatomy which are relevant to human movement; musculoskeletal systems.

Prerequisites: LSB142, LSB182, LSB258  
Equivalents: LSB145  
Credit points: 12  
Contact hours: 5 per week  
Campus: Gardens Point  
Teaching period: 2010 SEM-1

LSB231 PHYSIOLOGY
This unit covers the general physiological principles such as homeostasis and how all systems in the body contribute to it. Topics include cells, transport processes, cardiovascular system, cardiac electrical activity, cardiac output, regulation of blood pressure, respiratory system, endocrine system, pulmonary ventilation and its function.

Prerequisites: LSB250  
Equivalents: LSB245  
Credit points: 12  
Contact hours: 4 per week  
Campus: Gardens Point  
Teaching period: 2010 SEM-2

LSB282 BIOSCIENCE 2
This unit includes the introduction to diseases, infections and treatments and the body defence systems and control of infection and considers in depth the respiratory and cardiovascular systems and diseases which affect these systems.

Prerequisites: LSB182 or (LSB131 and LSB231)  
Credit points: 12  
Contact hours: 4 per week  
Campus: Kelvin Grove and Caboolture  
Teaching period: 2010 SEM-2

LSB384 PHARMACOLOGY FOR HEALTH PROFESSIONALS
Health professionals such as Nurses, Paramedics, Podiatrists and Optometrists require a detailed understanding of the pharmacological properties of the medicines that are used daily in the treatment of patients under their care. This unit introduces students to the discipline of pharmacology by examining the interaction of drugs with biological systems. An understanding of pharmacology is fundamental to a student's understanding of pharmaceutical products in terms of efficacy and safety and provides a rationale for their therapeutic use.

Prerequisites: (LSB111 or LSB282 or LSB382 (NS40)) or (LSB475 (OP45)) or (LSB235 and LSB250 (PU43 Podiatry))  
Credit points: 12  
Contact hours: 4 per week  
Campus: Kelvin Grove and Caboolture  
Teaching period: 2010 SEM-1 and 2010 SEM-2

LWS101 ETHICS LAW AND HEALTH CARE
Nursing practice involves making decisions with and for others. This involves making evaluations of what is in the best interest of others, what are nurses' obligations to others and what will best protect or enhance their well-being. Hence, decision-making in nursing practice is bounded by normative considerations and these normative considerations fall into two groups: those constituted by the law and those constituted by ethics. This unit has been designed to provide for nursing students and practitioners an opportunity to develop a reflective understanding of the place of law and ethics in nursing and a professional awareness of current legal statutes and ethical discussions as they apply to nursing practice.

Credit points: 12  
Contact hours: 3 per week  
Campus: Kelvin Grove and Caboolture  
Teaching period: 2010 SEM-1 and 2010 SEM-2

NSB117 NURSING AND THE HEALTH CARE SYSTEM
The provision of contemporary nursing practice and care in a rapidly changing health care environment is an ongoing challenge. The professional journey requires nurses to think critically, reflect on their practice, reason, defend a position, and engage in continuous learning. This unit commences you on your professional journey by introducing fundamental concepts related to contemporary professional nursing and to the Australian health care system; and by introducing the knowledge and skills underpinning critical thinking, critical reflection, reasoning, argumentation, and lifelong learning. These concepts and skills will be expanded as you progress through the nursing degree.

Credit points: 12  
Contact hours: 3 per week  
Campus: Kelvin Grove  
Teaching period: 2010 SEM-1 and 2010 SEM-2

NSB118 FOUNDATIONS OF NURSING PRACTICE
Contemporary nursing practice demands practitioners that demonstrate professional clinical decision-making and the ability to utilise information and communication technologies to ensure high quality health care outcomes. Professional communication and high order thinking processes are vital to ensure high quality data collection and management. This unit introduces the fundamental principles, knowledge and skills that need to be considered when applying decision-making processes in nursing practice and using information and communication technologies.

**Credit points:** 12  
**Campus:** Kelvin Grove  
**Teaching period:** 2010 SEM-1 and 2010 SEM-2

**NSB122 CLINICAL PRACTICE 1**
This is the first in a series of five clinical practice units that provide you with the opportunity to experience the practice of nursing in real world settings and to develop the knowledge, attitudes and skills required for safe practice as a beginning level registered nurse. This unit focuses on providing basic care to patients in a health care setting. In providing this care you will be drawing upon the knowledge gained from your studies in nursing, life science and behavioural science, and the expertise of registered nurses in the clinical setting. The skills that you develop in this unit represent the building blocks of nursing care.

**Credit points:** 12  
**Campus:** Kelvin Grove  
**Teaching period:** 2010 SEM-1 and 2010 SEM-2

**NSB212 CLINICAL PRACTICE 2**
This unit focuses on developing skills related to problem solving, decision making and care delivery for clients who are experiencing a range of health problems, including mental health problems. You will build on the general knowledge and skills that you have gained during your first year units through the application of concepts and principles to particular client problems, and the implementation of more complex nursing interventions. In working alongside registered nurses in various health care facilities you will develop a greater appreciation for the role of registered nurses in the provision of health care.

**Prerequisites:** NSB122. NSB122 can be studied in the same teaching period.  
**Credit points:** 12  
**Contact hours:** 3 per week  
**Campus:** Kelvin Grove  
**Teaching period:** 2010 SEM-1 and 2010 SEM-2

**NSB222 CLINICAL PRACTICE 3**
Following on from Clinical practice 2 this unit continues to develop your skills in identifying health problems, developing plans of nursing care, delivering care, evaluating client outcomes and understanding of the role of the nurse in the health care team. This unit continues to focus on developing your skills related to problem solving, decision-making and care delivery for clients who are experiencing a range of health problems, including mental health problems. During your clinical practicum you will continue to work alongside registered nurses in a variety of clinical setting.

**Prerequisites:** NSB212  
**Credit points:** 12  
**Campus:** Kelvin Grove  
**Teaching period:** 2010 SEM-1 and 2010 SEM-2

**NSB223 MENTAL HEALTH NURSING**
Nurses in all health care settings will encounter people with mental health problems and disorders. Mental health care is no longer provided solely by a specialised psychiatric service, but in a variety of general health and community settings. Mental disorders represent nearly 30 per cent of the non-fatal disease burden and are the leading cause of disability in Australia. As physical health improves, mental disorders are assuming an even greater impact on people’s well-being. Mental health nursing skills will enable you to help a wide variety of clients to improve their quality of life and to achieve their highest possible level of functioning.

**Prerequisites:** NSB118  
**Credit points:** 12  
**Contact hours:** 3 per week  
**Campus:** Kelvin Grove  
**Teaching period:** 2010 SEM-1 and 2010 SEM-2

**NSB225 HEALTH, HUMAN DEVELOPMENT AND AGEING**
This unit focuses on developing basic knowledge and understanding of the nurse’s role in promoting health and wellbeing for people of all ages. Concepts addressed in this unit include, but are not limited to, definitions and models of health and wellbeing; major stages of human growth and development; physical and psychosocial theories of human development, theories of ageing and the concept of health throughout life. As you progress further in the course, the understandings that you develop in this unit will be extended through other theoretical studies and experiences in clinical practice.

**Credit points:** 12  
**Contact hours:** 3 per week  
**Campus:** Kelvin Grove  
**Teaching period:** 2010 SEM-1 and 2010 SEM-2

**NSB321 PROFESSIONAL NURSING DEVELOPMENT**
This unit is designed to reinforce the link between personal development and clinical practice and highlights the changing workplace and ongoing professional development. As such, the unit focuses on clarifying the relevance of professional concepts such as management, teamwork, scope of practice, changing division of labour, codes of conduct and professional organisations by directly relating these to clinical experience and life long learning. Similarly, the unit considers and interprets clinical practice and the clinical environment by exploring ways in which knowledge is used to inform practice.

**Prerequisites:** NSB322  
**Credit points:** 12  
**Contact hours:** 3 per week  
**Campus:** Kelvin Grove and External  
**Teaching period:** 2010 SEM-1 and 2010 SEM-2
NSB322 CLINICAL PRACTICE 4
Nurses play a pivotal role in the provision of contemporary health care in a variety of settings. This clinical unit offers you the opportunity to experience the diversity of nursing practice while providing care for patients with multiple health problems. The clinical practicum associated with this unit utilises a variety of clinical environments providing both hospital and community based care. Students also have the option of undertaking a clinical placement in a rural, remote, interstate, overseas or indigenous community area. In addition, advanced clinical concepts that build on the basic skills you have developed earlier in the program will be addressed.
Prerequisites: NSB222, NSB223, NSB324, and NSB423
Credit points: 12    Campus: Kelvin Grove  Teaching period: 2010 SEM-1 and 2010 SEM-2
NSB324 HEALTH ALTERATIONS AND NURSING 1
This unit will build on the concepts introduced in Foundations of Nursing Practice and enhance your knowledge and skills in clinical decision making processes. It will introduce nursing care and management of people across the lifespan in a range of environments and use a focus of acute and ambulatory health alterations based around selected body systems. As you progress through the course, the knowledge and skills you develop in this unit will be built upon and extended to meet the requirements of professional practice and consumer needs for quality health care.
Prerequisites: NSB118  Credit points: 12    Contact hours: 3 per week  Campus: Kelvin Grove  Teaching period: 2010 SEM-1 and 2010 SEM-2

NSB333 CLINICAL PRACTICE 5
This is the final unit in the series of clinical units that provide you with the opportunity to consolidate the knowledge, skills and attributes required for safe, competent practice as a beginning level nurse. This unit builds on previous clinical units and draws upon concepts, principles and theories that have been developed through your studies in nursing and related sciences. Particular emphasis will be placed on the co-ordination of care for a group of clients, critical thinking and reflection on practice, and confidence, efficiency and effectiveness in the implementation of nursing care.
Prerequisites: NSB322  Credit points: 24    Contact hours: Includes 8 weeks off-campus clinical experience  Campus: Kelvin Grove  Teaching period: 2010 SEM-1 and 2010 SEM-2

NSB421 INDEPENDENT STUDY
This unit provides students the opportunity to independently explore a body of literature and/or research relevant to an area of interest in nursing. The unit enables students to extend their knowledge and understanding of a topic that is not specifically addressed elsewhere in the course. The emphasis, in this unit, is on the development of independent research, study and analytical skills. These skills are demonstrated first, in an assimilation of a range of materials into a clearly formulated written argument and second, in an oral presentation and discussion of the study material.
Credit points: 12    Teaching period: 2010 SEM-1 and 2010 SEM-2

NSB423 HEALTH ALTERATIONS AND NURSING 2
This unit will build on the concepts introduced in Foundations of Nursing Practice and enhance your knowledge and skills in clinical decision making processes. It will introduce nursing care and management of people across the lifespan in a range of environments and use a focus of acute and chronic health alterations based around selected body systems. As you progress through the course, the knowledge and skills you develop in this unit will be built upon and extended to meet the requirements of professional practice and consumer needs for quality health care.
Prerequisites: NSB118  Credit points: 12    Contact hours: 3 per week  Campus: Kelvin Grove  Teaching period: 2010 SEM-1 and 2010 SEM-2

NSB500 HEALTH ALTERATIONS AND HIGH DEPENDENCY NURSING
This unit is the final of three units expounding on nursing management of acute and chronic health alterations that impact on people across the lifespan in a variety of settings. The focus of this unit is the utilisation of a clinical decision making process to provide comprehensive and holistic nursing management for people experiencing complex and/or life threatening health alterations, particularly in high acuity and palliation settings. Implementation of the clinical decision making process will be at a more advanced level to meet the multifaceted needs of these patients with complex needs in preparation for practice as a beginning level registered nurse.
Prerequisites: NSB324 and NSB423  Credit points: 12    Contact hours: 3 per week  Campus: Kelvin Grove  Teaching period: 2010 SEM-1 and 2010 SEM-2

NSB503 PROMOTING HEALTH IN THE COMMUNITY
Nurses have an important role in promoting the health and wellbeing of individuals, families and communities. An understanding of contemporary health and wellbeing issues for individuals and groups in our society with specific focus on health and chronic illness in the community. This unit builds on knowledge and understanding of the nurse's role in promoting health and wellbeing for people of all ages, families and communities.
Credit points: 12    Teaching period: 2010 SEM-1 and 2010 SEM-2
NSB600 INTRODUCTION TO NURSING CHILDREN AND CHILDBEARING FAMILIES
This unit provides an overview of the theoretical concepts and clinical application principles for practice in the areas in providing nursing and midwifery care for children and childbearing families. The emphasis is upon the childbearing process and the developmental stages of childhood and family dynamics. This is viewed as a normal process of growth and development, which will be affected by social, economic, legal and cultural factors. The focus will be on the promotion and maintenance of health.
Credit points: 12  Contact hours: 3 per week  Campus: External  Teaching period: 2010 SEM-1 and 2010 SEM-2

NSB602 PAIN MANAGEMENT AND NURSING PRACTICE
Making decisions about patient's pain and its management is a key component of nursing practice across a wide variety of patient groups and clinical settings. This unit examines the concept of pain and explores aspects of the nurse's role in relation to pain relief. It builds on introductory concepts that have been addressed earlier in the program through more detailed exploration of, and reflection upon selected concepts.
Credit points: 12  Contact hours: 3 per week  Campus: External  Teaching period: 2010 SEM-1 and 2010 SEM-2

NSB603 INTRODUCTION TO CARDIOThoracic NURSING
Cardiovascular disorders are commonly encountered by nurses practicing a variety of clinical settings. This unit provides an overview of cardiothoracic nursing and encompasses theoretical concepts specific to this specialty as well as related clinical skills. It builds on introductory concepts that have been addressed earlier in the program through more detailed exploration of and reflection upon selected concepts.
Prerequisites: NSB500  Credit points: 12  Contact hours: 3 per week  Campus: Kelvin Grove  Teaching period: 2010 SEM-1 and 2010 SEM-2

NSB604 NURSING PRACTICE AND THE OLDER PERSON
Nurses have an important role in promoting, maintaining and restoring the health of older people and their families across a diversity of settings. Students will be encouraged to examine the independent role of the nurse and their role as a member of multidisciplinary teams. The unit focuses on the role of the nurse in assessing and identifying problems relevant to older people and making clinical decisions about care practices and outcomes. This unit will extend the understandings that you have developed in other theoretical studies and experiences in clinical practice.
Prerequisites: NSB225  Credit points: 12  Contact hours: 3 per week  Campus: Kelvin Grove  Teaching period: 2010 SEM-1 and 2010 SEM-2

NSB606 PALLIATIVE CARE NURSING
The health and support needs of individuals who are dying are diverse and often change over time. To respond effectively to these needs, nurses require knowledge and skills to provide a palliative approach to care. In this unit, you will extend your knowledge of the needs of individuals diagnosed with various life-limiting illnesses. The unit will enable you to develop further your understanding of the core components of a palliative approach to care for these individuals. This unit will extend the understandings that you have developed in other theoretical studies and experiences in clinical practice.
Credit points: 12  Teaching period: 2010 SEM-1 and 2010 SEM-2

PYB007 INTERPERSONAL PROCESSES AND SKILLS
Psychology is generally a people-based profession with many positions involving not only understanding and testing people but communicating with them. More broadly however in most areas of modern work, and indeed within personal relationships, people need developed interpersonal skills and the ability to conceptualise interactive processes. The microskills for communication are also the foundation for helping relationships and counselling.
Antirequisites: PYB074, HHB113, PYB111  Credit points: 12  Contact hours: 3 per week  Campus: Gardens Point and Kelvin Grove  Teaching period: 2010 SEM-1 and 2010 SEM-2

PYB012 PSYCHOLOGY
The body of knowledge which defines Psychology as a discipline is basic to an understanding of human behaviour and interaction. Psychological theories, concepts and methods of investigation provide ways of evaluating personal and professional practice. Informed practice can then seek to meet the needs of individuals, groups and communities. All professional people need to have frameworks for understanding their own behaviour and that of others. This unit provides students with essential knowledge as a basis for their personal and professional effectiveness. It is the foundation for understanding further study in psychology and its many applications.
Equivalents: PYB100, PYB101  Credit points: 12  Contact hours: 3 per week  Campus: Gardens Point and Kelvin Grove  Teaching period: 2010 SEM-1 and 2010 SEM-2