Bachelor of Nursing / Bachelor of Exercise and Movement Science (HL23)

Year offered: 2011
Admissions: Yes
CRICOS code: 070080D
Course duration (full-time): 4 years
Domestic Fees (indicative): 2011: CSP $2,721 (indicative) per semester
International Fees (indicative): 2011: $12,750 (indicative) per semester
Domestic Entry: February
International Entry: February
QTAC code: 425272
Past rank cut-off: 79
Past OP cut-off: 11
OP Guarantee: Yes
Assumed knowledge: English (4, SA) and Maths B (4, SA) and at least one of: Chemistry, Physics or Biological Science (4, SA)
Preparatory studies: For information on acquiring assumed knowledge visit http://www.qut.edu.au/assumed-knowledge
Total credit points: 432
Course coordinator: Enquiries to nursing.enquiries@qut.edu.au or phone: 07 3138 3824 OR to email: enquirieshms@qut.edu.au or phone: 07 3138 4697
Campus: Kelvin Grove

Recommended Study
Health Education or Physical Education.

Professional recognition
The program meets the requirements for accreditation by the Australian Nursing and Midwifery Council. Graduates meet the requirements for registration by the Nursing and Midwifery Board of Australia and are also eligible for membership of the Royal College of Nursing, Australia (RCNA).

The Australian Health Practitioner Regulation Agency (AHPRA) requires that graduates demonstrate English language skills at IELTS level 7 or equivalent before being considered for professional registration. For further information visit the AHPRA website: http://www.ahpra.gov.au/Registration/Registration-Process/Registration-Requirements.aspx

Please refer to the Nursing and Midwifery Board of Australia website http://www.nursingmidwiferyboard.gov.au/Registration-Standards.aspx for additional information on the Board's Registration Standards.

Student registration
QUT automatically registers students enrolled in this course with the Nursing and Midwifery Board of Australia in accordance with the Health Practitioner Regulation National Law Act 2009. Details about student registration are available from the Australian Health Practitioner Regulation Agency at www.ahpra.gov.au

Pathways
Graduates can apply for admission to the HM44 Bachelor of Clinical Exercise Physiology if they wish to achieve full Exercise Physiologist status.

Additional requirements
It is a requirement of Queensland Health that all students undertaking a clinical placement in a Q Health facility complete The Essentials component of the student orientation package which is available on the Queensland Health website.

blue card As required by the Commission for Children and Young People and Child Guardian Act (2000) students must undergo a criminal history check and be issued with a Suitability Card (Blue Card) before commencing field experience/practicum in an organisation where they may work with children or young people. This is a mandatory requirement that must be met prior to undertaking any field experience/practicum program throughout your course. For more information, visit http://student.qut.edu.au/studying/jobs-and-work-experience/work-experience-and-placements/blue-cards.

additional costs The clinical practice units require students to undertake block practicums of two or more weeks duration. Block practicums may be scheduled during semester breaks. Students will be required to wear a uniform including suitable footwear while on clinical practice, the cost of which is approximately $150. Students enrolling in this program are required to complete a course of vaccinations for Hepatitis B before commencing their clinical practice units. They are also required to have a current Senior First Aid Certificate or the equivalent prior to commencement of Clinical Practice 1.

Further information
For detailed information about this double degree, please call the School of Nursing and Midwifery +61 7 3138 3824 or email nursing.enquiries@qut.edu.au OR the School of
Human Movement Studies on +61 7 3138 4697 or email enquirieshms@qut.edu.au

Course structure - for students commencing in 2011 or later

<table>
<thead>
<tr>
<th>Year 1, Semester 1</th>
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<tbody>
<tr>
<td>HMB171 Fitness Health and Wellness</td>
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<tr>
<td>LSB131 Anatomy</td>
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<td>NSB117 Nursing and the Health Care System</td>
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<td>PYB100 Foundation Psychology</td>
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<tr>
<th>Year 1, Semester 2</th>
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<tbody>
<tr>
<td>HMB172 Nutrition and Physical Activity</td>
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<tr>
<td>HMB275 Exercise and Sport Psychology</td>
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<td>HMB276 Research in Human Movement</td>
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<td>LSB231 Physiology</td>
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<td>PYB007 Interpersonal Processes and Skills</td>
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<tr>
<th>Year 2, Semester 1</th>
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<tbody>
<tr>
<td>HMB271 Foundations of Motor Control, Learning and Development</td>
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<tr>
<td>HMB274 Functional Anatomy</td>
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<td>LSB382 Bioscience 3</td>
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<td>NSB225 Health, Human Development and Ageing</td>
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<th>Year 2, Semester 2</th>
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<tr>
<td>HMB273 Exercise Physiology 1</td>
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<td>HMB282 Resistance Training</td>
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<td>LSB282 Bioscience 2</td>
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<tr>
<td>NSB118 Foundations of Nursing Practice</td>
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<td>NSB122 Clinical Practice 1</td>
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<th>Year 3, Semester 1</th>
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<tr>
<td>HMB382 Principles of Exercise Prescription</td>
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<td>LSB384 Pharmacology For Health Professionals</td>
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<td>NSB212 Clinical Practice 2</td>
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<td>NSB324 Health Alterations and Nursing 1</td>
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<th>Year 3, Semester 2</th>
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<tr>
<td>LWS101 Ethics Law and Health Care</td>
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<tr>
<td>HMB272 Biomechanics</td>
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<td>NSB222 Clinical Practice 3</td>
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<td>NSB223 Mental Health Nursing</td>
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<td>NSB423 Health Alterations and Nursing 2</td>
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<th>Year 4, Semester 2</th>
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<tr>
<td>HMB470 Practicum 1</td>
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<tr>
<td>NSB321 Professional Nursing Development</td>
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<td>NSB333 Clinical Practice 5</td>
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List A - Exercise and Movement Science Electives

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<tr>
<td>HMB361 Functional Anatomy 2</td>
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<td>HMB362 Biomechanics 2</td>
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<tr>
<td>HMB371 Motor Control And Learning 2</td>
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<td>HMB381 Exercise Physiology 2</td>
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Potential Careers:
Fitness Assessor/Personal Trainer, Health Educator, Health Information Manager, Health Policy Officer, Health Promotion Officer, Nurse, Policy Officer, Public Health Program Manager, Sports Scientist.

**UNIT SYNOPSES**

**HMB171 FITNESS HEALTH AND WELLNESS**
The dimensions and interrelationships of health, physical activity and wellness are studied. Basic principles of conditioning and exercise prescription necessary to demonstrate the impact of physical activity on lifestyle diseases, health behaviours and wellness are examined. Principles and theory of behaviour change are employed.

**Credit points:** 12    **Contact hours:** 3-4 per week    **Campus:** Kelvin Grove    **Teaching period:** 2011 SEM-1

**HMB172 NUTRITION AND PHYSICAL ACTIVITY**
This unit is an introduction to principles of nutrition in relation to the physical activity setting, and the role of nutrition and physical activity in weight management. This unit also covers the essential elements of child growth and development (auxology) in relation to nutrition and health. The unit is designed to underpin studies in exercise physiology and sports nutrition.

**Credit points:** 12    **Contact hours:** 3 per week    **Campus:** Kelvin Grove    **Teaching period:** 2011 SEM-1
SEM-2

HMB271 FOUNDATIONS OF MOTOR CONTROL, LEARNING AND DEVELOPMENT
This unit introduces students to the behavioural and neural bases of movement control through an examination of the central nervous and neuromuscular systems, hierarchical control, human information processing and dynamical systems. It covers elements of sensory mechanisms related to movement. Foundations of motor learning and adaptation are introduced, linking underlying mechanisms of learning with principles that may be applied in teaching, coaching and rehabilitation.

Prerequisites: LSB131 or LSB231 or LSB255 Credit points: 12 Contact hours: 4 per week Campus: Kelvin Grove Teaching period: 2011 SEM-1

HMB272 BIOMECHANICS
This unit includes the application of mechanics as they apply to Human Movement including: kinematics and dynamics of human body models; quantitative analysis; impact; work and power; fluid dynamics; material properties.
Prerequisites: LSB131 Credit points: 12 Contact hours: 4 per week Campus: Kelvin Grove Teaching period: 2011 SEM-2

HMB273 EXERCISE PHYSIOLOGY 1
This unit describes the immediate physiological responses to exercise, and the adaptations that occur with long-term exercise training. Exercise places a demand on the human body to provide sufficient energy to perform. The metabolic, hormonal, cardiovascular and pulmonary systems must adapt to meet the challenge of homeostasis. The active skeletal muscle must increase extraction and utilisation of oxygen and other fuels, the cardiovascular system must respond to improved gas and fuel transport, and lung function must change to facilitate increased respiratory gas exchange.

NOTE for Summer Semester students: Teaching will not commence until January 2010, but some unit information will be available from 16 November 2009.

Students wishing to enrol up to the beginning of January will need to email enquirieshms@qut.edu.au

Prerequisites: LSB231 or LSB142 Credit points: 12 Contact hours: 4 per week Campus: Kelvin Grove Teaching period: 2011 SEM-2

HMB274 FUNCTIONAL ANATOMY
This unit includes the following: surface anatomy of the trunk and upper and lower limb; morphological and mechanical properties of bone, muscle-tendon units with implications for physical activity; joint structure and function; analyses of movement tasks including walking and running; cinematography and electromyography in functional anatomy of movement tasks.
Prerequisites: LSB131 or LSB255 Credit points: 12 Contact hours: 4 per week Campus: Kelvin Grove Teaching period: 2011 SUM-2 and 2011 SEM-1

HMB275 EXERCISE AND SPORT PSYCHOLOGY
This unit includes the following: introduction to the psychological factors which influence performance, participation and adherence to both sport and exercise programs; personality and the athlete; attention and arousal; relaxation theory and practice; aggression and psychological development; leadership and team cohesion.
Prerequisites: PYB100 or PYB012 or EDB002 Credit points: 12 Contact hours: 3 per week Campus: Kelvin Grove Teaching period: 2011 SEM-2

HMB276 RESEARCH IN HUMAN MOVEMENT
This unit includes principles of research: purposes, philosophy, applications. It addresses quantitative research including basic statistics, descriptives, ANOVA, correlation, regression and non-parametrics, and basic research design hypothesis testing. Qualitative research includes methodology, data collection, and theory building. Research presentation includes: writing a research report and developing conclusions. This unit also considers application of research, examples in human movement, related literature, computer data analysis, and information retrieval.
Credit points: 12 Contact hours: 3 per week Campus: Kelvin Grove Teaching period: 2011 SEM-2

HMB282 RESISTANCE TRAINING
This unit aims to equip students with the basic knowledge, skills and competencies required for exercise prescription in resistance training for muscular fitness. Students build on prior knowledge of biomechanics, anatomy, physiology and motor control to develop understanding of the mechanical and physiological determinants of muscular fitness. The unit incorporates a blend of theoretical background, practical knowledge and skills in the main areas of muscular hypertrophy, strength, power and endurance. This understanding is then used to critically analyse resistance training programs.
Prerequisites: LSB131 Credit points: 12 Campus: Kelvin Grove Teaching period: 2011 SEM-2

HMB361 FUNCTIONAL ANATOMY 2
This is a project-based unit designed to enable students with a background in functional anatomy to develop greater expertise in one or a combination of the following areas: electromyography; orthopaedic biomechanics; kinesiology of sport and work; comparative functional anatomy; locomotion and posture; research techniques in functional anatomy.
Prerequisites: HMB274 Credit points: 12 Contact
This unit includes the following: measurement techniques within biomechanics; analysis of force systems; photographic, goniometric and electrodiagnostic analysis of movement; an introduction to viscoelasticity and biological materials; material properties; mass and inertial characteristics of the human body; applied aspects of biomechanics undertaken from a research project perspective.

Prerequisites: HMB272 and HMB274  
Credit points: 12  
Contact hours: 4 per week  
Campus: Kelvin Grove  
Teaching period: 2011 SEM-1

HMB371 MOTOR CONTROL AND LEARNING 2
This is an advanced unit which provides an in-depth view of theories and concepts in motor learning and control; how we control actions in both everyday and skilled behaviours, and how this capability is acquired. This course provides a multidisciplinary perspective, drawing on research from psychology, neuroscience, biomechanics, robotics, neural networks and medicine. The unit is organised around the theme of sensorimotor integration as related to posture and balance, locomotion and arm movements such as reaching, grasping and pointing.

Prerequisites: HMB271  
Credit points: 12  
Contact hours: 4 per week  
Campus: Kelvin Grove  
Teaching period: 2011 SEM-2

HMB381 EXERCISE PHYSIOLOGY 2
This unit examines the integrated regulation of the organ system examined in Exercise Physiology 1. Within this integrated perspective current research areas will be highlighted, including but not limited to (1) exercise performance and environmental stress, (2) special aids to exercise training and performance, and (3) limitations to exercise in healthy normal individuals, elite athletes and selected patient populations.

Prerequisites: HMB273  
Credit points: 12  
Contact hours: 3-4 per week  
Campus: Kelvin Grove  
Teaching period: 2011 SEM-1

HMB382 PRINCIPLES OF EXERCISE PRESCRIPTION
In this unit, students examine the physiological principles and methods used in training and conditioning programs at all levels of physical activity. The integration of fitness assessment and exercise prescription is a major component of the unit, introducing the student to these requirements in the context of aerobic conditioning, resistance training, weight loss and flexibility. There is a strong emphasis on putting theory into practice, including the development and utilisation of appropriate practical skills in both fitness assessment and exercise prescription.

Prerequisites: HMB273 and HMB282  
Credit points: 12  
Contact hours: 4 per week  
Campus: Kelvin Grove  
Teaching period: 2011 SEM-1

HMB470 PRACTICUM 1
In the first of the Human Movement dedicated practicum units, students undertake in-depth experience at two different workplaces (40 hours each) while maintaining ongoing involvement in the School's clinics (20 hours). The student is provided with an extended opportunity to apply classroom learned knowledge and skills under the supervision of Human Movement Practitioners. Workplace involvement is preceded by a vocational skill seminar and workshop program while an interactive analysis program is instigated post practicum. [Designated unit]

Prerequisites: HMB382 and HMB385. HMB385 can be taken in the same study period.  
Credit points: 12  
Campus: Kelvin Grove  
Teaching period: 2011 SEM-1 and 2011 SEM-2

LSB131 ANATOMY
This unit includes basic concepts of anatomy: an overview of the structure of cells, body tissues, and body systems; aspects of surface anatomy which are relevant to human movement; musculoskeletal systems.

Antirequisites: LSB142, LSB182, LSB258  
Equivalents: LSB145  
Credit points: 12  
Contact hours: 5 per week  
Campus: Gardens Point  
Teaching period: 2011 SEM-1

LSB231 PHYSIOLOGY
This unit covers the general physiological principles such as homeostasis and how all systems in the body contribute to it. Topics include cells, transport processes, cardiovascular system, cardiac electrical activity, cardiac output, regulation of blood pressure, respiratory system, endocrine system, pulmonary ventilation and its function.

Antirequisites: LSB250  
Equivalents: LSB245  
Credit points: 12  
Contact hours: 4 per week  
Campus: Gardens Point  
Teaching period: 2011 SEM-2

LSB282 BIOSCIENCE 2
The aims of this unit are to provide you with a clear understanding of the pathophysiological processes resulting in altered health and disease states, and to introduce you to the host immune mechanisms which respond to foreign invaders within the body or result in disease states.

Prerequisites: LSB182 or (LSB131 and LSB231)  
Credit points: 12  
Contact hours: 4 per week  
Campus: Kelvin Grove and Caboolture  
Teaching period: 2011 SEM-2

LSB382 BIOSCIENCE 3
This Bioscience unit is based on previous studies in anatomy, physiology and microbiology. It includes: the physiology, pathophysiology and pharmacology of diseases (including infectious diseases) of the nervous, reproductive,
gastrointestinal and renal system. Also covered are diabetes; diseases of joints; obesity and its effects on the body; physiological demands of exercise.

**Prerequisites**: LSB182 or LSB131  
**Credit points**: 12  
**Contact hours**: 5 per week  
**Campus**: Gardens Point, Kelvin Grove and Caboolture  
**Teaching period**: 2011 SEM-1

**LSB384 PHARMACOLOGY FOR HEALTH PROFESSIONALS**

Health professionals such as Nurses, Paramedics, Podiatrists and Optometrists require a detailed understanding of the pharmacological properties of the medicines that are used daily in the treatment of patients under their care. This unit introduces students to the discipline of pharmacology by examining the interaction of drugs with biological systems. An understanding of pharmacology is fundamental to a student's understanding of pharmaceutical products in terms of efficacy and safety and provides a rationale for their therapeutic use.

**Prerequisites**: (LSB111 or LSB282 or LSB382 (NS40)) or (LSB475 (OP45)) or (LSB235 and LSB250 (PU43 Podiatry))  
**Credit points**: 12  
**Contact hours**: 4 per week  
**Campus**: Kelvin Grove and Caboolture  
**Teaching period**: 2011 SEM-1 and 2011 SEM-2

**LWS101 ETHICS LAW AND HEALTH CARE**

Nursing practice involves making decisions with and for others. This involves making evaluations of what is in the best interest of others, what are nurses' obligations to others and what will best protect or enhance their well-being. Hence, decision-making in nursing practice is bounded by normative considerations and these normative considerations fall into two groups: those constituted by the law and those constituted by ethics. This unit has been designed to provide for nursing students and practitioners an opportunity to develop a reflective understanding of the place of law and ethics in nursing and a professional awareness of current legal statutes and ethical discussions as they apply to nursing practice.

**Credit points**: 12  
**Contact hours**: 3 per week  
**Campus**: Kelvin Grove and Caboolture  
**Teaching period**: 2011 SEM-1 and 2011 SEM-2

**NSB118 FOUNDATIONS OF NURSING PRACTICE**

Contemporary nursing practice demands practitioners that demonstrate professional clinical decision-making and the ability to utilise information and communication technologies to ensure high quality health care outcomes. Professional communication and high order thinking processes are vital to ensure high quality data collection and management. This unit introduces the fundamental principles, knowledge and skills that need to be considered when applying decision-making processes in nursing practice and using information and communication technologies.

**Credit points**: 12  
**Campus**: Kelvin Grove  
**Teaching period**: 2011 SEM-1 and 2011 SEM-2

**NSB122 CLINICAL PRACTICE 1**

This is the first in a series of five clinical practice units that provide you with the opportunity to experience the practice of nursing in real world settings and to develop the knowledge, attitudes and skills required for safe practice as a beginning level registered nurse. This unit focuses on providing basic care to patients in a health care setting. In providing this care you will be drawing upon the knowledge gained from your studies in nursing, life science and behavioural science, and the expertise of registered nurses in the clinical setting. The skills that you develop in this unit represent the building blocks of nursing care.

**Credit points**: 12  
**Campus**: Kelvin Grove  
**Teaching period**: 2011 SEM-1 and 2011 SEM-2

**NSB212 CLINICAL PRACTICE 2**

This unit focuses on developing skills related to problem solving, decision making and care delivery for clients who are experiencing a range of health problems, including mental health problems. You will build on the general knowledge and skills that you have gained during your first year units through the application of concepts and principles to particular client problems, and the implementation of more complex nursing interventions. In working alongside registered nurses in various health care facilities you will develop a greater appreciation for the role of registered nurses in the provision of health care. [Designated unit]

**Prerequisites**: NSB122. NSB122 can be studied in the same teaching period.  
**Credit points**: 12  
**Contact hours**: 1  
**Campus**: Kelvin Grove  
**Teaching period**: 2011 SEM-1 and 2011 SEM-2

**NSB222 CLINICAL PRACTICE 3**

Following on from Clinical practice 2 this unit continues to develop your skills in identifying health problems,
developing plans of nursing care, delivering care, evaluating client outcomes and understanding of the role of the nurse in the health care team. This unit continues to focus on developing your skills related to problem solving, decision-making and care delivery for clients who are experiencing a range of health problems, including mental health problems. During your clinical practicum you will continue to work alongside registered nurses in a variety of clinical setting. [Designated unit]

**Prerequisites:** NSB212 or NSB013  Credit points: 12

**Campus:** Kelvin Grove  **Teaching period:** 2011 SEM-1 and 2011 SEM-2

**NSB223 MENTAL HEALTH NURSING**

Nurses in all health care settings will encounter people with mental health problems and disorders. Mental health care is no longer provided solely by a specialised psychiatric service, but in a variety of general health and community settings. Mental disorders represent nearly 30 per cent of the non-fatal disease burden and are the leading cause of disability in Australia. As physical health improves, mental disorders are assuming an even greater impact on people’s well-being. Mental health nursing skills will enable you to help a wide variety of clients to improve their quality of life and to achieve their highest possible level of functioning. [Designated unit]

**Prerequisites:** NSB118 or NSB210  Credit points: 12

**Contact hours:** 3 per week  **Campus:** Kelvin Grove  **Teaching period:** 2011 SEM-1 and 2011 SEM-2

**NSB225 HEALTH, HUMAN DEVELOPMENT AND AGEING**

This unit focuses on developing basic knowledge and understanding of the nurse’s role in promoting health and wellbeing for people of all ages. Concepts addressed in this unit include, but are not limited to, definitions and models of health and wellbeing; major stages of human growth and development; physical and psychosocial theories of human development, theories of ageing and the concept of health throughout life. As you progress further in the course, the understandings that you develop in this unit will be extended through other theoretical studies and experiences in clinical practice.

**Credit points:** 12  **Contact hours:** 3 per week  **Campus:** Kelvin Grove  **Teaching period:** 2011 SEM-1 and 2011 SEM-2

**NSB321 PROFESSIONAL NURSING DEVELOPMENT**

This unit is designed to reinforce the link between personal development and clinical practice and highlights the changing workplace and ongoing professional development. As such, the unit focuses on clarifying the relevance of professional concepts such as management, teamwork, scope of practice, changing division of labour, codes of conduct and professional organisations by directly relating these to clinical experience and life long learning. Similarly, the unit considers and interprets clinical practice and the clinical environment by exploring ways in which knowledge is used to inform practice.

**Prerequisites:** NSB322  Credit points: 12  **Contact hours:** 3 per week  **Campus:** Kelvin Grove  **Teaching period:** 2011 SEM-1 and 2011 SEM-2

**NSB322 CLINICAL PRACTICE 4**

Nurses play a pivotal role in the provision of contemporary health care in a variety of settings. This clinical unit offers you the opportunity to experience the diversity of nursing practice while providing care for patients with multiple health problems. The clinical practicum associated with this unit utilises a variety of clinical environments providing both hospital and community based care. Students also have the option of undertaking a clinical placement in a rural, remote, interstate, overseas or indigenous community area. In addition, advanced clinical concepts that build on the basic skills you have developed earlier in the program will be addressed. [Designated unit]

**Prerequisites:** NSB222, NSB223, NSB324, and NSB423

**Credit points:** 12  **Campus:** Kelvin Grove  **Teaching period:** 2011 SEM-1, 2011 SEM-2 and 2011 SUM

**NSB324 HEALTH ALTERATIONS AND NURSING 1**

This unit will build on the concepts introduced in Foundations of Nursing Practice and enhance your knowledge and skills in clinical decision making processes. It will introduce nursing care and management of people across the lifespan in a range of environments and use a focus of acute and ambulatory health alterations based around selected body systems. As you progress through the course, the knowledge and skills you develop in this unit will be built upon and extended to meet the requirements of professional practice and consumer needs for quality health care.

**Prerequisites:** NSB118 or NSB021  Credit points: 12

**Contact hours:** 3 per week  **Campus:** Kelvin Grove  **Teaching period:** 2011 SEM-1 and 2011 SEM-2

**NSB333 CLINICAL PRACTICE 5**

This is the final unit in the series of clinical units that provide you with the opportunity to consolidate the knowledge, skills and attributes required for safe, competent practice as a beginning level nurse. This unit builds on previous clinical units and draws upon concepts, principles and theories that have been developed through your studies in nursing and related sciences. Particular emphasis will be placed on the co-ordination of care for a group of clients, critical thinking and reflection on practice, and confidence, efficiency and effectiveness in the implementation of nursing care. [Designated unit]

**Prerequisites:** NSB322  Credit points: 24  **Contact hours:** Includes 8 weeks off-campus clinical experience  **Campus:** Kelvin Grove  **Teaching period:** 2011 SEM-1
and 2011 SEM-2

**NSB423 HEALTH ALTERATIONS AND NURSING 2**
This unit will build on the concepts introduced in Foundations of Nursing Practice and enhance your knowledge and skills in clinical decision making processes. It will introduce nursing care and management of people across the lifespan in a range of environments and use a focus of acute and chronic health alterations based around selected body systems. As you progress through the course, the knowledge and skills you develop in this unit will be built upon and extended to meet the requirements of professional practice and consumer needs for quality health care.

**Prerequisites:** NSB118 or NSB210  
**Credit points:** 12  
**Contact hours:** 3 per week  
**Campus:** Kelvin Grove  
**Teaching period:** 2011 SEM-1 and 2011 SEM-2

**NSB500 HEALTH ALTERATIONS AND HIGH DEPENDENCY NURSING**
This unit is the final of three units expounding on nursing management of acute and chronic health alterations that impact on people across the lifespan in a variety of settings. The focus of this unit is the utilisation of a clinical decision making process to provide comprehensive and holistic nursing management for people experiencing complex and/or life threatening health alterations, particularly in high acuity and palliation settings. Implementation of the clinical decision making process will be at a more advanced level to meet the multifaceted needs of these patients with complex needs in preparation for practice as a beginning level registered nurse.

**Prerequisites:** (NSB324 or NSB022) and (NSB423 or NSB023)  
**Credit points:** 12  
**Contact hours:** 3 per week  
**Campus:** Kelvin Grove  
**Teaching period:** 2011 SEM-1 and 2011 SEM-2

**NSB503 PROMOTING HEALTH IN THE COMMUNITY**
Nurses have an important role in promoting the health and wellbeing of individuals, families and communities. An understanding of contemporary health and wellbeing issues for individuals and groups in our society with specific focus on health and chronic illness in the community. This unit builds on knowledge and understanding of the nurse's role in promoting health and wellbeing for people of all ages, families and communities.

**Credit points:** 12  
**Campus:** Kelvin Grove  
**Teaching period:** 2011 SEM-1 and 2011 SEM-2

**PYB007 INTERPERSONAL PROCESSES AND SKILLS**
Psychology is generally a people-based profession with many positions involving not only understanding and testing people but communicating with them. More broadly however in most areas of modern work, and indeed within personal relationships, people need developed interpersonal skills and the ability to conceptualise interactive processes. The microskills for communication are also the foundation for helping relationships and counselling.

**Antirequisites:** PYB074, HHB113, PYB111  
**Credit points:** 12  
**Contact hours:** 3 per week  
**Campus:** Gardens Point and Kelvin Grove  
**Teaching period:** 2011 SEM-1 and 2011 SEM-2

**PYB100 FOUNDATION PSYCHOLOGY**
This unit provides an introduction to the major content areas of psychology, including an introduction to psychological research and report-writing, for students intending to pursue further studies in psychology.

Psychology is a broad-ranging and multifaceted discipline which encompasses the scientific study of human behaviour, and the systematic application of knowledge gained from psychological research to a broad range of applied issues. The goal of this introductory unit is to introduce you to the major subfields and perspectives in psychology, and to develop your understanding of the research methods and report-writing conventions used in psychological research.

**Antirequisites:** PYB012  
**Equivalents:** PYB101  
**Credit points:** 12  
**Contact hours:** 3 hours per week  
**Campus:** Kelvin Grove  
**Teaching period:** 2011 SEM-1, 2011 SEM-2 and 2011 SUM-1